

The Women's Commission is developing a comprehensive list of Women's Social Clubs and Services. We need your help to make sure that no one is missed and information is accurate. **The most recent update includes submissions to June 13, 2011.**

With service organizations seeking new members as their numbers decline, and with our population rising from less than 120,000 to more than 130,000, this list can help new-comers to Lebanon County to find their niche.

If you can send additions and/or corrections to [Litz@mbcomp.com](mailto:Litz@mbcomp.com) , it would be greatly appreciated. Thanks for your help. Jo Ellen Litz

## ***Women's Groups in Lebanon County-- 2011***

### **Agape Shelter for Women**

Address: 139 S 9<sup>th</sup> St., Lebanon PA 17042

Phone: 717-272-6573

Website: [bsmith@lebanonrescuemission.org](mailto:bsmith@lebanonrescuemission.org)

Mission: A safe haven for homeless women and their children.

### **American Association of University Women AAUW**

Address: 43 N Grant St., Palmyra PA 17078

Phone: 717.838.4177

Email: [cathywielandaauw@verizon.net](mailto:cathywielandaauw@verizon.net)

Website: [www.aauw.org](http://www.aauw.org)

President: Cathy Wieland

Meets: Mondays in room 118 of Lynch Hall, LVC.

Dues:

Mission: Advancing equity for women and girls through advocacy, education, philanthropy, and research.

### **American Business Women's Association ABWA**

Address:

Phone:

Email: [dawnnotdusk@aol.com](mailto:dawnnotdusk@aol.com) (Dawn Shultz, Secretary)

Website: <http://www.abwalebanonpa.com> or <http://www.abwa.org>

President Jen Eisenhower

Meets the 4th Wednesday at Hebron Fire Hall, 6:30PM

Dues: Local \$2.00 per Month; National Dues \$90 per year

Mission: The mission of the American Business Women's Association is to bring together businesswomen of diverse occupations and to provide opportunities for them to help themselves and others grow personally and professionally through leadership, education, networking support and national recognition.

### **Campbelltown Volunteer Fire Company Ladies Auxiliary**

Address: P.O. Box 392, Campbelltown, PA 17010  
Phone: 838- 3707  
Email: [jeannet418@comcast.net](mailto:jeannet418@comcast.net) Jeanne Trump, Secretary  
Website: [www.campbelltownfc.com](http://www.campbelltownfc.com)  
President: Doris Singer  
Meets: 2nd Monday of every other month  
Dues: \$5  
Mission: To Serve the Campbelltown Volunteer Fire Company

### **Chamber of Commerce**

Women in Business: Paula Doney, president  
Athena Women  
Address: PO Box 899, Lebanon 17042  
Phone: 717.273.3727  
Dues:  
Mission:

### **Church Women United**

Address: St. Paul's UCC, Annville

### **Daughters of the American Revolution, Lebanon Chapter**

Address: 31 Deep Run Road, Myerstown, PA 17067 (President's)  
Phone: 717-866-6169 (President's)  
Email: [info@lebanonpadar.org](mailto:info@lebanonpadar.org) or [floy31@comcast.net](mailto:floy31@comcast.net)  
Website: [www.lebanonpadar.org](http://www.lebanonpadar.org)  
President: Bonnie Loy  
Meets: 3<sup>rd</sup> Tuesday of March, April, May, October, November

### **Delta Kappa Gamma Society - Nu Chapter, Lebanon County**

Address: 2165 Long Lane, Lebanon, PA 17046  
Phone: 717-273-0585  
Website: [www.deltakappagamma.org/PA](http://www.deltakappagamma.org/PA)  
President: Barbara A. Tobias  
Meets: monthly in churches/restaurants  
Dues: \$70 annually  
Mission: To promote women in education and bring recognition and respect to their profession. To unite women educators of the world in a genuine spiritual fellowship. To endow scholarships to aid outstanding women educators in pursuing graduate study and to grant fellowships to women educators from other countries.

### **Domestic Relations, Lebanon County**

Address: 400 S 8<sup>th</sup> St., Room 202, Lebanon 17042

Phone: 717.228.4480

Website: [www.LebCounty.org](http://www.LebCounty.org)

Director: Karen Hess

### **Domestic Violence Intervention**

Address: PO Box 42, Lebanon 17042

Phone: 717.273.7190

Email: Through web

Website: [www.dviolc.org](http://www.dviolc.org)

Director: Lynn Snead

Mission: Unite and educate the Lebanon County Community by advocating for justice and creating safety for victims of domestic violence and their children so that they may live free from abuse.

### **Dress for Success South Central PA (Lebanon Branch Site)**

Address: 136 S. 8th Street, Lebanon, PA 17042

Phone: 717-270-5337

Email: [southcentralpa@dressforsuccess.org](mailto:southcentralpa@dressforsuccess.org)

Website: [www.dressforsuccess.org/southcentralpa](http://www.dressforsuccess.org/southcentralpa)

Facebook: [www.facebook.com/DFSSCPA](http://www.facebook.com/DFSSCPA)

CEO: Ruth Koup, Founder & CEO

Corporate office address: 29 S. 10th Street, Harrisburg, PA 17101

Services provided free of charge to women referred from Partner Agencies

Mission: The mission of Dress for Success South Central PA is to promote the economic independence of disadvantaged women by providing professional attire, a network of support and the career development tools to help women thrive in work and in life.

### **Farm Women**

Address: 895 Royer Ln., Lebanon 17042

Phone: 867-1021

Email: [RonLorRoyer@verizon.net](mailto:RonLorRoyer@verizon.net)

Website: none

President: Lorraine Royer

Meets: State meets April, September and at the January Convention

Dues: \$5 per year

Mission: To contribute to the power and influence of farm women; to increase the influence of the farm home; to contribute to the community involvement of farm women; and to develop leadership to promote better living and working conditions in the farm homes of Pennsylvania; to preserve the spirit of patriotism and sacrifice that our grandmothers did and to foster a love of the farm and rural life of today. Finally, Farm Women's Groups strive to uphold the dignity of farming and teach the responsibility which lies in working the soil and to enhance the charm of a real country home.

### **Female Offender Re-entry Program FORE**

Address: 503 Oak St., Lebanon 17042

Phone: 717.273.9328

Email: [pholtry@lebcenty.org](mailto:pholtry@lebcenty.org)

Website: none

President: Community Action President; Phyllis Holtry and Donna Gathright

Meets:

Mission: Provide advocacy, education, and support for female offenders.

### **Girl Scouts in the Heartland of PA**

Address: 350 Hale Avenue, Harrisburg PA 17104

Phone: 1.800.692.7816 or 717-884-3643

Email: [clevengood@gshpa.org](mailto:clevengood@gshpa.org)

Website: [www.gshpa.org](http://www.gshpa.org)

Lebanon Associate: Cindy Levengood

### **Lebanon County La Leche League**

Address: David Broderick Community Health Education Building at the Good Samaritan Hospital campus, located on 4th and Walnut Streets

Phone: 717 867 4103

Leader: Mary Langan

Meets: 1<sup>st</sup> Wednesday of every month

Mission: We provide mother-to-mother breastfeeding and parenting support.

### **League of Women Voters**

Email: [hln@lmf.net](mailto:hln@lmf.net) (Heidi Neiswender, Treasurer/Membership)

Website: <http://www.lwvlebanon.org/>

President: Elaine Ludwig

Meets: 3rd Tuesday September to May, 7PM at Cornwall Manor Gateway Bldg.

Dues: \$60

Mission: The League of Women Voters is a nonpartisan political organization. The goal of the League is to encourage citizens to participate actively in government and politics. Membership is open to all U.S. citizens, eighteen (18) years of age and older.

### **Lebanon Family Health Services**

Address: 615 Cumberland St., Lebanon 17042

Phone: 717.273.6741

Email: [kim@lebanonfamilyhealth.org](mailto:kim@lebanonfamilyhealth.org)

Website: [www.lebanonfamilyhealth.org](http://www.lebanonfamilyhealth.org)

Director: Kim Kreider Umble

Mission: The primary mission of Lebanon Family Health Services is to provide education, nutrition and reproductive health services to the uninsured and underinsured families of Lebanon County with emphasis on women, infants and children.

**Lebanon Pregnancy Clinic (Susquehanna Valley Pregnancy Services)**

Address: 132 S. 8<sup>th</sup> Street, Lebanon

Phone: (717) 274-0600

Email: [smccamant@svps.org](mailto:smccamant@svps.org)

Website: [www.pregnantwecare.com](http://www.pregnantwecare.com), [www.svps.org](http://www.svps.org)

Director: Sharon McCamant

Mission: Free and confidential services to pregnant women and mothers of young children, including prenatal and parenting education.

**Lioness Clubs**

Address: P.O. Box 29, Talmage, Pa. 17580

Phone: 717-661-7760

Email:

Website: [http://www.lionsdistrict14d.org/Contact\\_Us.html](http://www.lionsdistrict14d.org/Contact_Us.html)

Coordinator: Kathy Ridder

**Palmyra Garden Club**

Address: P.O. Box 54; Palmyra, PA 17078-0054

Phone: 717/838-6176 (Heidi Neiswender, First Vice President)

Email: [hln@lmf.net](mailto:hln@lmf.net) (Heidi Neiswender)

President: Kathaleen (Kathy) Conrad

Meets: 3rd Monday in the auditorium of the Palmyra Municipal Building, 325 South Railroad St., Palmyra. Social @ 12 p.m., program @ 12:30 p.m. Business meeting follows.

Dues: \$15 annually

Mission: To stimulate and increase interest, appreciation and knowledge of gardening, flower arranging, community beautification and to aid in the conservation of native plants and trees.

**Penn State Extension Strong Women Health and Wellness Program**

Penn State Extension in Lebanon County

Address: 2120 Cornwall Road, Suite 1, Lebanon, PA 17042

Phone: 717-270-4391 (Deborah Hartman, Program Assistant)

Email: [dah5451@psu.edu](mailto:dah5451@psu.edu)

Meets (sites in Lebanon, Palmyra, and Myerstown) twice a week from September through December and January through May – times and days vary by site  
# Weeks/Fee: 6 Weeks, \$45; 12 Weeks, \$85; 18 Weeks, \$125 (scholarships available based on need)

Mission: *Strong Women* is a research-based health and wellness program designed for women 40 years of age and older who have been active or relatively sedentary for the past few years and are interested in improving their health, vitality and well-being. The program incorporates strength training exercises to improve strength and balance, and increase bone density and muscle mass, while reducing risk of diabetes, heart disease, arthritis, depression and obesity.

**Philanthropic Education Organization (P.E.O.) - local chapter in Palmyra**

Phone: 717-865-2818

Website: [www.peointernational.org](http://www.peointernational.org)

President: Karen R. Light

Meets: 2nd Tuesday of the month in members homes or churches

Dues: \$46.50 annually

Mission: The organization promotes education among women locally, statewide, nationally, and internationally through scholarships, grants, and loans.

**PROBE**

Address: 815 Cumberland St., Suite 206, Lebanon 17042

Phone: 717.273.2090

Email: [info@probepa.org](mailto:info@probepa.org)

Website: [www.probepa.org](http://www.probepa.org)

Director Kathy Verna

Mission: Free intensive career counseling for single parents and homemakers focusing on basic skill assessment, job search and placement, and supportive services throughout training or work.

**Red Hat Society**

Phone :

Email: [carolw2@evenlink.com](mailto:carolw2@evenlink.com)

Webstie:

President: Carol Waltermyer

Address: 761 Ono Rd., Annville PA 17003

Meets:

Dues:

Mission:

**St. Cecilia's Council of Catholic Women (CCW)**

Address: 202 E. Lehman Street, Lebanon, PA 17046

President: Donna Strauss

Meets: 2nd Tuesday except July and August at 7:00PM

Mission: To provide the women of St. Cecilia's Parish an opportunity to participate in spiritual, community and social programs.

An opportunity for Catholic women to actively support charity groups, volunteer participation, and meeting other women actively involved in the Church.

**Sexual Assault Resource and Counseling Center SARCC**

Address: PO Box 836, Lebanon 17042

Phone: 717.272.5308

Email: [info@sarcclebanon.com](mailto:info@sarcclebanon.com)

Website: <http://www.sarcclebanon.com/>

Director: Jenny Murphy-Shifflet

Mission: SARCC engages all individuals, families and communities in healing, advocating and educating for the elimination of sexual violence.

**Veterans of Foreign Wars, Frederick W. Fuhrman Post 23, Ladies Auxiliary**

Address: 718 Chestnut Street, Lebanon, PA 17042-5224 (Post Address)

Phone: 717-272-0331 (Post Phone)

Website: [www.ladiesauxvfw.org](http://www.ladiesauxvfw.org)

Meets: 3rd Monday of Each Month at 7 pm

**Visiting Nurse Association VNA**

Address: PO Box 1281, Lebanon 17042

Phone: 717.274.2591

Email:

Website:

Director: Marilyn Reppert

Mission:

**Women Infants and Children--WIC**

Address: 615 Cumberland St., Lebanon 17042

Phone: 717.273.6940

Email: [kim@lebanonfamilyhealth.org](mailto:kim@lebanonfamilyhealth.org)

Website: [www.lebanonfamilyhealth.org](http://www.lebanonfamilyhealth.org)

Director: Kim Kreider Umble

Mission: The WIC Program is an income based supplemental nutrition program for pregnant, breastfeeding, and post-partum women, infants and children from birth to five years old.

**Women's Commission**

Address: PO Box 899, Lebanon 17042

Phone: 717-273-3727

Email: [C4W@yahoo.com](mailto:C4W@yahoo.com) or [doney@comcast.net](mailto:doney@comcast.net)

Facebook: <https://www.facebook.com/pages/Lebanon-County-Commission-for-Women/149542201765849?ref=ts>

Website: [http://www.lebcounty.org/Womens\\_Commission/Pages/home.aspx](http://www.lebcounty.org/Womens_Commission/Pages/home.aspx)

President: Paula Doney

Meets: 5:30PM 2<sup>nd</sup> Wednesday at Lebanon County Career and Technology Center except June, July and December.

Dues: Appointed by the Lebanon County Commissioners

Mission: Works to assist women to enhance their status in the community.

### **Women's Club**

Address: Josiah Funck Mansion, 450 Cumberland St., Lebanon 17042

Phone: 717,272.6692

Email: [ewent2@comcast.net](mailto:ewent2@comcast.net)

Website: none

President: Elizabeth Wentling

Meets: 1<sup>st</sup> Saturday of each month at 2PM

Dues: \$50 annually

Mission: To be an organized center for the intellectual and social development of its members, and to promote such public measures as shall be conducive to the welfare of the community.

### **Women's Health Center of Lebanon**

Address: 300 Willow St., Lebanon, PA 17046

Phone: (717) 273-8835

Web: [www.whclebanon.com](http://www.whclebanon.com)

Mission: Provide obstetrical and gynecologic services in our offices in Lebanon and Palmyra for the women of Lebanon County and surrounding counties.

### **Women of Faith**

Address:

Phone: 865-2865

Email:

Website:

President: Meredith Engebretson

Meets: at Fairland Brethren in Christ Church, Cleona

Dues:

Mission: