

No Wrong Door Lebanon County Resource Guide Lebanon, Pennsylvania 2019

This resource Guide was created to assist residents of Lebanon County in accessing resources that are available.

Consumers are encouraged to copy this guide and distribute it widely.

Special Recognition is given to CASSP, Child and Adolescent Service System Program Lebanon County, Community Engagement for Early Care and Education, Quality Early Learning (QEL), Local Interagency Coordinating Council, Special Kids Network, Community Systems Development, Lebanon County Community Action Partnership, Lebanon County Children and Youth Services and the Lebanon County Library System.

For information changes and updates contact:
Lebanon County CASSP
(717) 274-3415

Information provided may not be all inclusive of services available in Lebanon County. Resources described may have specific eligibility requirements and costs for services may be required.

Every reasonable precaution is taken to avoid errors or omissions from the Lebanon County Resource Guide. However, CASSP does not guarantee the information in the Lebanon County Resource Guide and shall not be liable for any such errors or omissions.

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Call 2-1-1 to receive free, 24/7, non-emergency health and human service information in Lebanon County from a live call specialist

Adoption

Diakon Lutheran Social Services P.O. Box 4560, Harrisburg, PA 17111 (888) 793-2512
Interworks 2201 N. 2nd Street, 2nd Floor, Harrisburg, PA 17110 (717) 236-6630 <i>Parenting workshops, adoption home evaluations, community education and workshops</i>
Statewide Adoption Network (SWAN) P.O. Box 4560, Harrisburg, PA 17111 (800) 585-SWAN(7926)

Advocacy

Disability Rights Pennsylvania Harrisburg Office 301 Chestnut Street, Suite 300, Harrisburg, PA 17101 (800) 692-7443 [Voice], 1-877-375-7139 [TDD], (717) 236-8110 [Voice], (717) 236-0192 Fax drnpa-hbg@drnpa.org <i>Non-profit organization advancing and protecting civil right of all adults with disabilities. Provides information and referrals.</i>
Education Law Center 1315 Walnut Street, Suite 400, Philadelphia, PA 19107-4798 (215) 238-6970 Web: www.elc-pa.org <i>Non-profit legal advocacy organization dedicated to ensuring that all of Pennsylvania's children have access to a quality public education.</i>
Pennsylvania Mental Health Consumers' Association 4105 Derry Street, Harrisburg, PA 17111 (800) 887-6422 <i>Promotes and supports recovery through advocacy and education to eliminate stigma and discrimination. Information and referral.</i>
Sexual Assault Resource Counseling Center of Lebanon County (SARCC) 615 Cumberland Street, #2, Lebanon, PA 17042 (717) 272-5308 Hotline, (717) 270-6972 Office <i>Provides services for those who have been raped and/or sexually abused. Provides prevention/education programs.</i>
The ARC of Lancaster and Lebanon Counties 116 W. Airport Road, Suite A, Lititz, PA 17543 (717) 394-5251 info@thearcoflancasterco.org , www.thearcoflancasterco.org Contact: Maureen Westcott, Executive Director <i>Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.</i>

Children's Services

4-H Program Penn State Extension

2120 Cornwall Road, Suite 1, Lebanon, PA 17042

(717) 270-4391

Big Brothers Big Sisters of Lebanon

542 Cumberland Street, Lebanon, PA 17042

(717) 272-4443

Provide one-to-one relationship of a child and adult friend

Boy Scouts of America Pennsylvania Dutch Council

630 Janet Avenue, Lancaster, PA 17601

(888) 427-2616

Car Seat Installation Services

254 South 11th Street, Lebanon, PA 17042

(717) 272-1234

The First Aid and Safety Patrol offers assistance on properly installing a car seat. Please call to schedule an appointment

Center for Autism and Developmental Disabilities (CADD)

1886 Rohrerstown Road, Lancaster, PA 17604

(717) 235-1920

WellSpan Philhaven's Center for Autism and Developmental Disabilities addresses the social, emotional and behavioral needs of individuals with autism spectrum disorders and intellectual disabilities. A multidisciplinary team of developmental specialists address concerns and support individuals and their families from infancy through adulthood.

Child Care WORKS Helpline

(877) 4PA-KIDS (877-472-5437)

Information about selecting and financing child care

City of Lebanon Recreation Dept.

Municipal Building, 400 S. 8th Street, Room 110, Lebanon, PA 17042

(717) 273-6711 x2474

Community Services Group (CSG) JFACTS Program

Juvenile Firesetter Assessment Consultation Treatment Services

2330 Vartan Way, Suite 204, Harrisburg, PA 17110

(717) 920-9434

CSG offers support to youth ages 5-21 who engage in the inappropriate use of fire who also have the presence of significant mental health and behavioral issues. For more information or to make a referral contact us at 717-920-9434.

CMU

1349 Cumberland Street, Lebanon, PA 17042

(717) 644-9600

www.cmu.cc

CMU provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Children's Services Continued

CONNECT Information Service

(800) 692-7288

www.connectpa.net

Resource for parents, educators and professionals seeking information about special education, parent and student rights and Early Intervention services for children

Developmental & Disability Services of Lebanon Valley

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY

www.ddslebanon.org

DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program

Early Intervention Technical Assistance (EITA) / PA Training & Technical Assistance Network (PATTAN)

6340 Flank Drive, Harrisburg, PA 17112

(800) 360-7282 / (717) 901-2150 (Deb Daulton)

www.eita-pa.org or www.pattan.net

Professional development for early interventionist in Pennsylvania

Educational Support Group for families dealing with children's Crisis/Catastrophe

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003

(717) 867-8335 x211

Find us at www.quittieglen.com.

Facilitated by Dr. Parida, this group utilizes a combination of educational segments, inspirational stories and examples aimed at empowering persons to rediscover hope and balance in the family dynamic. These support services are available for families in chaos, due to crises related to children and adolescents, that conventional medical services alone have not been able to resolve.

Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY

www.ddslebanon.org

Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

Girl Scouts of USA / Girls Scouts in the Heart of Pennsylvania

350 Hale Avenue, Harrisburg, PA 17104

(800) 692-7816

Serves girls ages 5-17.

Hands & Voices Guide By Your Side (GBYS)

(800) 360-7282 / (717) 580-0839 (Anne Gaspich)

A parent support program that links families of infants and toddlers newly identified with deafness and hearing loss throughout Pennsylvania with trained and experienced Parent Guides.

Healthy Baby Helpline

(800) 986-BABY(2229)

Statewide helpline refers pregnant women to programs that offer free or low cost prenatal care services, based on income guidelines.

Children's Services Continued

<p>Healthy Kids Helpline (800) 986-KIDS(5437) <i>Statewide helpline refers callers to programs that offer free or low cost health care services, based on income guidelines.</i></p>
<p>Lancaster-Lebanon Intermediate Unit 13 (IU13) One Cumberland Street, Lebanon, PA 17042 (717) 450-1500 www.iu13.org</p>
<p>Lead Information Line (800) 440-LEAD(5323) <i>Provides verbal assistance and written information to parents, physicians, contractors and homeowners about lead poisoning and its prevention and control.</i></p>
<p>Lebanon County Children & Youth Services Municipal Building, Room 401, 400 S. 8th Street, Lebanon, PA 17042 (717) 228-4430 / (717) 272-2054 for on-call worker after hours / Fax (717) 228-4465 <i>Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, residential care, and emergency shelter care. Provide referrals for group and individual counseling/therapy, parenting skills classes and day care.</i></p>
<p>Lebanon County Mental Health/Intellectual Disabilities/Early Intervention Program (MH/ID/EI) 220 East Lehman Street, Lebanon, PA 17046 (717) 274-3415, Fax: (717) 274-0317, (717) 274-3363 Crisis Intervention 24-Hour <i>The Lebanon County MH/ID/EI Program provides services to Lebanon County residents of all ages who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.</i></p>
<p>Lebanon County MH/ID/EI - Early Intervention Program 220 E. Lehman Street, Lebanon, PA 17046 (717) 274-3415 <i>The Early Intervention Program provides services to children from birth to age three living in Lebanon County who have a developmental delay or are at risk for a developmental delay. Therapeutic and support services are provided to eligible children and their families based on the individual needs of the child and family as determined by a team assessment. Services such as special instruction, speech therapy, physical therapy, occupational therapy, or other family-centered-services will teach families how to support and encourage their child's development in order for the child to develop skills to their full potential. Services are provided in a natural environment such as the home or a day care setting.</i></p>
<p>Lebanon Valley Family YMCA (A.L. Hanford Center) 201 N. 7th Street, Lebanon, PA 17046 (717) 273-2691 <i>Provides a variety of health and physical education opportunities. Provides childcare, aquatics, after-school care, enrichment programs, youth and teen activities and numerous camps.</i></p>

Children's Services Continued

<p>Lebanon Valley Youth For Christ 740 Willow Street, Lebanon, PA 17042 (717) 272-5106 <i>Weekly evening Club style programs for school age children and youth that include a meal, Christian education and connection to adult mentors. High School Club on Mondays 6:00-8:30pm, Middle School Club on Tuesdays 6:00-8:00pm and Elementary School Club on Thursdays 6:00-8:00pm. Preschool for 3 and 4 year old children, registration required. All programs are free of charge.</i></p>
<p>New Story 2700 Commerce Drive, Harrisburg, PA 17110 (717) 901-9906 <i>Provides intensive, short-term Behavioral Health Rehabilitation Services for children and adolescents who are diagnosed with a mental health disorder.</i></p>
<p>New Story Lancaster 3710 Hempland Road, Mountville, PA (717) 285-2596</p>
<p>Merakay Children's Servicers 100 North Cameron Street, Harrisburg, PA 17101 (717) 236-7357</p>
<p>National Suicide Prevention Hotline (800) 273-TALK</p>
<p>New Hope Christian Counseling 683 Steelstown Road, Annville, PA 17003 (717) 685-5157 www.ihavenewhope.org <i>Provides FREE Christ-centered, Biblically-based emotional, relational, and spiritual guidance to children, teens and adults experiencing challenging life issues.</i></p>
<p>Nurse-Family Partnership (Pinnacle Health) 2645 N. 3rd Street, Harrisburg, PA (717) 782-2335 / (717) 782-2709 Fax <i>A voluntary evidence-based, home nurse visiting program for low-income, first time mothers who reside in Lebanon County. Clients can anticipate healthier pregnancies and babies, the development of parenting skills and support networks, referrals to community services and guidance with goal-setting for the future.</i></p>
<p>Parent to Parent of Pennsylvania (P2P of PA) (888) 727-2706 www.parenttoparent.org <i>A network created by families for families of children and adults with special needs. This helpline connects families in similar situations so they may share experiences and offer practical information and support.</i></p>
<p>Parents as Partners in Professional Development (P3D) (800) 441-3215 x7277 (Mary Mikus) <i>Links family members to Early Intervention professional development and pre-service opportunities.</i></p>
<p>Pennsylvania Counseling Children Services 350 North 6th Avenue, Lebanon, PA 17046 (717) 274-9682 <i>Provides psychological evaluations, BHRS and family based services to families who may require more intensive supports in the home, community and school settings.</i></p>

Children's Services Continued

PerformCare

(888) 722-8646, (800) 654-5984 TTY, 711 PA Relay

How do I access services?

PerformCare can assist you in identifying your child/adolescent's needs for mental health or substance abuse services and connect you to the appropriate agency for assessment and/or treatment. If it is an emergency, you will be connected with crisis intervention or an inpatient facility for immediate assistance and assessment. If your child/adolescent's behavioral health needs can be met by out patient treatment or an evaluation, you can schedule this service with the provider of your choice without prior authorization. BHRS services require a psychological or psychiatric evaluation to be completed. Services are voluntary. PerformCare is the managed care organization for individuals with medical assistance.

Poison Center

(800) 222-1222

Advice on how to handle a poison situation.

Preschool Early Intervention Services (Lancaster-Lebanon IU13)

1020 New Holland Avenue, Lancaster, PA 17601

(717) 606-1601

www.iu13.org

Provides educational service to children 3-5 years.

River of Hope

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Service Access & Management, Inc (SAM)

747 East Cumberland Street, Lebanon, PA 17046

(717) 739-6374

www.sam-inc.org

SAM provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Sexual Assault Resource and Counseling Center (SARCC)

615 Cumberland Street, Lebanon, PA 17042

Office: (717) 270-6972 Hotline: (717) 272-5308

Provides counseling and advocacy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Hotline available 24/7.

Special Kids Network

(800) 986-4550

Making connections for Pennsylvania's children with special health care needs.

The ARC Lancaster Lebanon

116 W. Airport Road, Sutie A, Lititz, PA 17543

(717) 394-5251

Email: info@thearcclanleeb.org or visit www.TheArcLanLeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

Children's Services Continued

<p>True North Wellness Services - Functional Family Therapy (FFT) 5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112 Contact: Andrew Texter at (717) 657-2080 x 1950 Fax: (717) 657-2290 www.TrueNorthWellness.org <i>Functional Family Therapy (FFT) is a short term, family-based prevention and intervention program for youth ages 10-18 who are at-risk and/or presenting with substance abuse, delinquency, truancy, violence, conduct disorder, oppositional defiant disorder, and disruptive behavior disorder.</i></p>
<p>T.W. Ponessa & Associates Counseling Services, Inc. 15 S. 9th Street, Lebanon, PA 17042 (717) 273-5992, (717) 273-5995 Fax, (800) 437-5405 (1st Time Appointments) www.twponessa.com <i>T.W. Ponessa & Associates is dedicated to providing guidance for the safety, well-being, and permanency for children, adults, and families. We are committed to enhancing the lives of those we serve by helping people back into the swing of life. We offer Mental Health Outpatient Counseling, Drug & Alcohol Outpatient Counseling, School-Based Outpatient Counseling, Psychiatric Services (Psychiatric Evaluations & Medication Management), Behavioral Health Rehabilitation Services (BHRS), and Parent-Child Interaction Therapy (PCIT).</i></p>
<p>WB Music Therapy, LLC 7728 Green Hill Road, Harrisburg, PA 17112 Melanie Walborn, MT-BC (717) 468-1684 mawbmt@gmail.com Kristyn Beeman, MT-BC (717) 514-8160 kdwbmt@gmail.com www.wbmusictherapy.com <i>WB Music Therapy provides individual and group music therapy to individuals needing skill development in social, emotional, communication, and cognitive areas. We provide services in Lebanon and Dauphin Counties.</i></p>
<p>WellSpan Philhaven - Main Campus 283 S. Butler Road, Mt. Gretna, PA 17064 (717) 273-8871 WellSpan Philhaven - Outpatient Services 204 Hathaway Park, Lebanon, PA 17042 (717)389-0368 964 Isabel Drive, Lebanon, PA 17042 (717) 274-9777 WellSpan Philhaven - Community Based Services 125 Schneider Drive, Suite B, Lebanon, PA 17046 BHRS (717) 270-2425; Family Based Services (717) 279-2774 www.WellSpan Philhaven.org/child and adolescent <i>WellSpan Philhaven promotes hope, healing and wholeness through the provision of behavioral healthcare resources. A full continuum of services is offered for children and adolescents and their families throughout south central Pennsylvania, including community-based, outpatient, program-based, inpatient and residential services.</i></p>
<p>Youth Advocate Program of Lebanon County 1691 Grace Avenue, Lebanon, PA 17046 (717) 228-0935 (Bob Swanson) / (717) 228-0939 Fax <i>Serving youth and families with extremely complex needs and presenting problems. Targets children who are labeled "difficult to serve".</i></p>

* A list of Developmental Physicians and Psychologists is available from CASSP at (717) 274-3415 *

Day Care / Child Care

<p>Child Care Information Services of Lebanon County, Luthercare 808 Quentin Road, Lebanon, PA 17042 (717) 274-6552 <i>Child Care Information Services (CCIS) agencies are the hub of child care information in your local area. CCIS agencies provide personalized child care referrals to child care providers based on your specific needs or preferences. CCIS agencies also administer the Child Care Works subsidized child care program.</i></p>
<p>Childcare Works Network www.dpw.state.pa.us/Child <i>Site provides valuable information about childcare, Head Start, and other early childhood development services in Pennsylvania.</i></p>
<p>Delaware Valley Association for the Education of Young Children (DVAEYC) 1608 Walnut Street, Suite 300, Philadelphia, PA 19103 <i>A statewide network of over 2,000 individuals and organizations working to ensure that every child in Pennsylvania has access to high quality early childhood education programs, and dedicated practitioners can afford to stay in the field.</i></p>
<p>Early Childhood Education Linkage System (ECLS) (800) 243-2357</p>
<p>Lebanon County Community Action Partnership TACC (Transportation and Child Care) Program 503 Oak Street, Lebanon, PA 17042 (717) 273-9328 <i>Provides assistance with child care and transportation for eligible families.</i></p>
<p>Lebanon County Early Head Start Child Care Partnerships One Cumberland Street, Lebanon, PA 17042 (717)450-1512 www.iu13.org or www.facebook.com/lebanoncountyheadstart <i>Care is provided to infants and toddlers at various child care center locations in the county.</i></p>
<p>Lebanon Valley Family YMCA 250 North 8th Street, Lebanon, PA 17046 (717) 376-1384 <i>Offering 14 before and after school (SACC) sites in six school districts, two full day (6:30am-6:00pm) Child Care / Early Learning Centers for children 5 weeks old to 5 years old, a half-day preschool program for 2-5 year olds, a free Drop-In Youth Center for middle and high school age children and summer day camps at six sites in the county. Financial aid offered.</i></p>

Five Steps to Selecting a Child Care Provider

Choosing the right child care for your child is important. Increasing evidence has emerged to show that children's learning opportunities in the years before kindergarten have an important effect on their performance in school and ultimately their ability to contribute to society as adults.

The Office of Child Development and Early Learning offers these five steps to assist parents in selecting the right child care for their child.

STEP ONE: CONTACT YOUR CCIS:

Child Care Information Services (CCIS) agencies are the hub of child care information in your local area. CCIS agencies provide you and your family with information on quality child care and personalized child care referrals to child care providers based on your specific needs or preferences. Contact your local CCIS at (717) 274-6552 to review the steps to selecting a child care provider.

STEP TWO: INTERVIEW CARE GIVERS:

Call first and ask: Is there an opening for my child?

Visit Next / Look for:

- ~ Responsive, nurturing, warm interactions between caregiver and children.
- ~ Children who are happily involved in daily activities and comfortable with their caregiver.
- ~ A clean, safe, and healthy indoor and outdoor environment, especially napping, eating, and toileting areas.
- ~ A variety of toys and learning materials, such as books, puzzles, blocks and climbing equipment that your child will find interesting and that will contribute to your child's growth and development.
- ~ Children getting individual attention.

STEP THREE: CHECK REFERENCES

Ask other Parents

STEP FOUR: MAKE THE DECISION FOR QUALITY CARE

From what you heard and saw, ask yourself:

- ~ Which child care should I choose so that my child will be happy and grow?

STEP FIVE: STAY INVOLVED

Ask yourself:

- ~ How can I arrange my schedule so I could...
 - ~ Talk to my caregiver every day?
 - ~ Talk to my child every day about how the day went?

Disaster/Crisis Services

American Red Cross

519 Chestnut Street, Lebanon, PA 17046-3347 (office open by appointment only)
(717) 234-3101 or 1-866-311-3832

Provides services to military families and Veterans and Disaster Relief needs.

Crisis/Catastrophe Support Group

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003
(717) 867-8335 x211

Find us at www.quittieglen.com.

Led by Dr. Parida, who uses the wisdom gained in his personal survival of catastrophe to empower others to rediscover hope and rid themselves of negative emotional entanglements with their past. Three types of support services are available for persons whose lives are in chaos that conventional medical services alone have not been able to resolve. These include group support, individual support and family support which are organized around a combination of educational segments, inspirational stories and examples, and (most importantly) the promotion of each participant's growing awareness of their own spirituality and empowerment to inspire fellow participants.

Disaster/Crisis Services Continued

<p>DCORT Team 283 South Butler Road, P.O. Box 550, Mt. Gretna, PA 17064 (717) 273-8871 www.WellSpan Philhaven.org WellSpan Philhaven's Disaster Crisis Outreach and Referral Team responds to emergency situations to help the bystanders deal with stress and anxiety that results from the trauma of the crisis.</p>
<p>FRESH Start Emergency Shelter / Resource Center 250 South 7th Street, Lebanon, PA 17046 (717) 272-4400 x228 <i>Emergency shelter services for individuals and families facing homelessness.</i></p>
<p>Jubilee Ministries 235 S. 12th Street, Lebanon, PA 17042 (717) 274-7528 <i>Emphasis in providing support and assistance to friends and family members of those who are imprisoned.</i></p>
<p>Lebanon County Christian Ministries 250 S. 7th Street, Lebanon, PA 17042 (717) 274-2601 <i>Serves anyone with an emergency material need.</i></p>
<p>Lebanon County Crisis Intervention, Information and Referral Center 229 South 4th Street (rear), Lebanon, PA 17042 (717) 274-3363 <i>Confidential help with any problem. Free information and referral.</i></p>
<p>Lebanon County Emergency Management Agency Municipal Building, Room 12, 400 S. 8th Street, Lebanon, PA 17042 (717) 272-7621</p>
<p>Lebanon Rescue Mission 1223 Bitner Avenue, Lebanon, PA 17046 (717) 273-2301 <i>Provides housing for homeless men and a structured program for individuals with drug and alcohol related problems and parolees of Lebanon County.</i></p>
<p>National Suicide Prevention Hotline (800) 273-TALK(8255)</p>
<p>Salvation Army 1031 Guilford Street, P.O. Box 1109, Lebanon, PA 17046 (717) 273-2655 <i>Provides limited assistance with fuel oil, utilities and medication. Provides mortgage assistance when the home is in danger of foreclosure.</i></p>

Education

<p>32nd Degree Learning Center (Scottish Rite Cathedral) 2701 North Third Street (rear entrance), P.O. Box 5190, Harrisburg, PA 17110-0190 (717) 238-4947 <i>Learning program for children with dyslexia.</i></p>
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Education Continued

Community Education - IU13

One Cumberland Street, Lebanon, PA 17042

(717) 450-1525

www.iu13.org

GED Prep, English as a Second Language and Family Literacy classes. Pearson Vue testing center.

Education for Children and Youth Experiencing Homelessness Program (ECYEH)

1111 Commons Boulevard, Reading, PA 19612

1-800-510-2741 or (610) 987-8509

www.berksiu.org/ECYEH

Lebanon County is served by the ECYEH Region 2 Office at the Berks County Intermediate Unit. The ECYEH Program is an initiative of the Pennsylvania Department of Education. ECYEH is based on the federal McKinney-Vento Homeless Assistance Act which ensures that children and youth experiencing homelessness have access to a free, appropriate, public education. ECYEH helps students overcome barriers to education and provides advocacy and support.

Education Leading to Employment and Career Training (ELECT)

One Cumberland Street, Lebanon, PA 17042

(717) 269-3285

ELECT initiative supports pregnant and parenting teens to earn a diploma or GED certificate, become better parents and make the transition to employment or higher education.

Finding a Better Way for Moms and Dads

283 South Butler Road (WellSpan Philhaven), P.O. Box 550, Mt. Gretna, PA 17064

Contact: Rubina Azazdin, Parent Training Specialist: (717) 376-3644, razazdin@WellSpanPhilhaven.org

www.WellSpanPhilhaven.org/parenttraining

"Finding a Better Way for Moms and Dads" is a free four-session training program for parents struggling with their child's challenging behaviors. Parents will learn tools and creative parental responses for dealing with difficult situations and helping children learn to make positive changes.

Harrisburg Area Community College (HACC)

735 Cumberland Street, Lebanon, PA 17042

(717) 270-4222

Post-secondary education offering 2 year degrees and certificates.

Lancaster-Lebanon Intermediate Unit 13 (IU13)

School Age Special Education Services

One Cumberland Street, Lebanon, PA 17042

(717) 450-1595

www.iu13.org

Lebanon County Career and Technology Center

833 Metro Drive, Lebanon, PA 17042

(717) 273-8551

Provides career and technical training for secondary and post secondary students of Lebanon County.

Lebanon County Early Head Start Program

One Cumberland Street, Lebanon, PA 17042

(717) 450-1512

www.iu13.org

www.facebook.com/lebanoncountyheadstart

A home visiting program throughout Lebanon County.

Education Continued

Literacy Council of Lancaster-Lebanon

756 Cumberland Street, Suite 4, Lebanon, PA 17042

(717) 274-3461

Assists adults who need to improve skills in reading, writing, language and math.

Mental Health First Aid Training for the Community - (WellSpan Philhaven)

283 South Butler Road, P.O. Box 550, Mt. Gretna, PA 17064

Contact: Jayne L. Miller, Mental Health Educator - jmiller80@wellspan.org

(717) 273-8871 ext. 2248

www.WellSpanPhilhaven.org/mentalhealthfirstaid

Even if you are not a trained mental health professional, you can be prepared and know what to do when a mental health crisis happens. You will be able to help a friend, family member or colleague upon the completion of this one-day training.

Courses offered include: Adult, Older Adult, Youth, Public Safety, Military, and Higher Education. Available for private trainings at your organization's location.

Office for Dispute Resolution

6340 Flank Drive, Harrisburg, PA 17112

(800) 222-3353

www.odr-pa.org

Provides the resources for parents and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities).

PA Families, Inc.

431 Dever Hollow Road, Templeton, PA 16259

(800) 947-4941

www.pafamilies.com

Diverse statewide family network that empowers PA families who have children with special needs through support and education with a united voice.

Parent Education Network (PEN)

2107 Industrial Highway, York, PA 17402

(717) 600-0100 V/TTY / (800) 522-5827 V/TTY (PA residents only)

(800) 441-5028 Spanish / (717) 600-1801 Fax

Parent Education Network (PEN) is a statewide coalition in Pennsylvania of parents of children representing a range of disabilities and ages.

Parent Involved Network of Pennsylvania (PIN)

1211 Chestnut Street, Philadelphia, PA 19107

(800) 688-4226 x3860

www.pinofpa.org

Statewide support, advocacy information and referral source for families of children and adolescents with emotional or behavioral disorders. PIN is the Pennsylvania State Organization of the Federation of Families for Children's Mental Health.

Pennsylvania Education for All Coalition, Inc.

The Cast Iron Building, 718 Arch Street 6N, Philadelphia, PA 19106

(267) 232-0570 / (215) 923-8055 Fax

info@paedforall.org

Chapter meetings, listserv and Parent Consultant Network

Education Continued

Professional Development for Mental Health Professionals

283 South Butler Road (WellSpan Philhaven) P.O. Box 550, Mt. Gretna, PA 17064

Contact: Daryl Groff, Director of Professional Development - dgroff@WellSpanPhilhaven.org

(717) 270-2484

www.WellSpanPhilhaven.org/professionaldevelopment

WellSpan Philhaven offers behavioral healthcare seminars and training for mental health care professionals and others across a variety of disciplines. Continuing education credit is often available.

QPR Suicide Prevention Training

Contact:

Jayne Miller, Mental Healthcare Educator

jmiller80@wellspan.org or (717) 273-8871 x2248

Question. Persuade. Refer (QPR) is a nationally certified, evidence-base program that focuses on training individuals to recognize a crisis and the warning signs that someone may be contemplating suicide. This 2-3 hour course is available free of charge courtesy of WellSpan Philhaven. A listing of current training dates can be found at www.philhaven.org/QPR.

Right to Education Task Force

Local Contacts :

Sandra Schiffler-Salerno, Chair, Local Task Force

Parent

860-575-3835 or iuSandra@Live.com

Joy Smith Linton, Co-Chair, Local Task Force

Parent

717-898-7627 or ohbjuan@outlook.com

The Task Force functions as an independent organization of parents and other residents of Lancaster and Lebanon counties who are interested in working with school districts, IU13, and community agencies to further the rights of students with special needs. For more information, please call Lancaster-Lebanon IU13, (717) 606-1600 or email specialeducation@iu13.org. Website: www.iu13.org/rte-task-force.

Special Education ConsultLine

6340 Flank Drive, Harrisburg, PA 17112

Office of Dispute Resolution

(800) 879-2301

www.odr-pa.org

Toll-free information help line for parents and advocates of children with disabilities who have questions or concerns about the education of a school-aged child. Specialists answer questions and provide information about special education, gifted education, and Section 504 of the Rehabilitation Act of 1973.

Specialized Learning Services

563 West Chocolate Avenue, Hershey, PA 17033

(717) 520-0603 Voice/TTY / (717) 520-1613 Fax

Website: www.specializedlearning.com

Formed to meet the academic communication and emotional needs of people who learn differently from the mainstream public school student.

Education - Pre-School and Nursery School Listing

<p>Annville-Cleona Preschool Annville-Cleona High School, Annville, PA 17003 (717) 867-7600</p>
<p>Blue Mountain Christian School 14 Silvertown Road, Jonestown, PA 17038 (717) 865-9650</p>
<p>Bright Beginnings Preschool - Annville 200 East Main Street, Annville, PA 17003 (717) 867-2106</p>
<p>Bright Beginnings Preschool - Palmyra 616 West Main Street, Palmyra, PA 17078 (717) 838-0450</p>
<p>Cedar Crest Preschool Cedar Crest High School, Lebanon, PA 17042 (717) 272-2033</p>
<p>ELCO Preschool ELCO High School, Myerstown, PA 17067 (717) 866-7447</p>
<p>Jack and Jill Preschool (KEA) 280 Hillcrest Road, Lebanon, PA 17042 (717) 272-3588</p>
<p>Lebanon Catholic School Pre-K 1400 Chestnut Street, Lebanon, PA 17042 (717) 273-3731</p>
<p>Lebanon Christian Academy Preschool 875 Academy Drive, Lebanon, PA 17046 (717) 273-8114</p>
<p>Lebanon County Head Start Various classroom locations, Lebanon, PA 17046 (717) 450-1512</p>
<p>Lebanon School District K-4 Program Various classroom locations, Lebanon, PA 17042 (717) 273-9391</p>
<p>Lebanon Valley Family YMCA Preschool 201 North 7th Street, Lebanon, PA 17046 (717) 273-2691</p>
<p>Luthercare for Kid - Lebanon 130 Walton Street, Lebanon, PA 17042 (717) 272-4778</p>
<p>Mt. Gretna Nursery School Mt. Gretna United Methodist Church, Mt. Gretna, PA 17064 (717) 964-2208</p>
<p>Myerstown Nursery School & Children's Center 301 West Washington Avenue, Myerstown, PA 17067 (717) 866-8660</p>

Education - Pre-School and Nursery School Listing Continued

<p>New Covenant Christian School Preschool 452 Ebenezer Road, Lebanon, PA 17046 (717) 274-2423</p>
<p>Noah's Little Ark Preschool 520 East Birch Street, Palmyra, PA 17078 (717) 832-2275</p>
<p>Ono Preschool P.O. Box 126, Ono, PA 17077 (717) 865-1333</p>
<p>Teach-A-Tot Nursery School Richland Church of the Brethren, Richland, PA 17087 (717) 866-4341 or (717) 949-6897</p>

Education - Public Library System

The six Libraries in Lebanon County offer a well-rounded and current collection of books in a variety of formats, including audio, ebooks, and large print. They also have movies, music, magazines, newspapers, and assorted educational materials. Each library has a public computer center with internet access and free WiFi. Lebanon County Libraries also provide a variety of programs for county residents young and old. Storytimes, summer learning programs, classes on various topics, and special events are offered to enrich lives through literacy, recreation, information access, and lifelong learning. Visit www.lclibs.org for more information on the resources provided by the libraries.

Lebanon County Library locations:

<p>Anville Free Library 216 East Main Street, Anville, PA 17003 (717) 867-1802</p>
<p>Lebanon Community Library 125 North 7th Street, Lebanon, PA 17046 (717) 273-7624</p>
<p>Matthews Library 102 West Main Street, Fredericksburg, PA 17026 (717) 865-5523</p>
<p>Myerstown Community Library 199 North College Street, Myerstown, PA 17067 (717) 866-2800</p>
<p>Palmyra Public Library 50 Landings Drive, Suite B, Anville, PA 17003 (717) 838-1347</p>
<p>Richland Library 111 East Main Street, Richland, PA 17087 (717) 866-4939</p>

Education - Public Library System Continued

Lebanon County Library Programs

All Ages

Special Events at Lebanon County Libraries - Special programming takes place throughout the year at the county libraries. Programs include puppet shows, magic shows, theatrical performances, live music, author visits, storytelling, travel programs, and other programs that support PA Forward's five literacies: basic, information, health, financial, and civic and social. The libraries' event calendar is online at www.lclibs.org or visit your local library to ask about upcoming events.

Preschool Ages

1,000 Books Before Kindergarten – This program encourages families to experience the joy of reading together and helps parents and caregivers prepare children for kindergarten. Parents receive a reading log to track family reading time, and children receive incentives for every 100 books read to them. When parents and children reach 1,000 books, they achieve a certificate, status on the library Wall of Fame and a special gift! Program is offered at Annville, Matthews, Myerstown, Palmyra, and Richland libraries. Registration is required.

Polka Dot City Puppet Theater at Matthews Public Library – Experience the magic of live puppet theater! All are welcome at the library's puppet show for toddlers and preschoolers—no registration required. Shows are presented the first Wednesday of each month at 10am in the library's professional puppet theater.

Smart Start Storytime for Babies - This program is designed especially for babies from birth to 24 months. Each 30-minute session for promotes interaction between babies and their caregivers through stories, songs, finger play, and action rhymes, followed by time for parents to talk with other parents. Takes place at all six county libraries.

STEM Programing – Each library offers STEM (Science, Technology, Engineering, and Math). Check your local library or lclibs.org for scheduled events.

Storytime - Children from ages 3-5 enjoy stories, crafts, and other surprises! This program is designed to help children develop language, listening and motor skills, stimulate children's imaginations and create in children an appetite for reading and libraries. Takes place at all six county libraries. Registration may be required. Call your library for details.

Summer Learning Program at Lebanon County Libraries – Children of all ages are invited to participate during the summer, earning points for prizes by reading or listening to books, attending special programs or bringing in created items for display. Children are encouraged to participate at their own level. Takes place at all county libraries. Registration is required. Call your library for details.

Toddler time – Children from 24 to 36 months and their caregivers enjoy books, stories, rhymes and songs together. Developmentally, toddlers are beginning to understand basic concepts, develop a sense of humor, and realize a story sequence. Takes place at Annville, Matthews, Lebanon, and Palmyra libraries. Free, but registration may be required- Call your library for details.

Education - Public Library System Continued

Grade School Ages

<p>After School MarkerSpace at Palmyra Public Library - The library offers MarkerSpace for students in grades 1-6 on the 3rd Tuesday of every month during the school year. Students learn through building, tinkering, creating and more.</p>
<p>After School Story Times at Annville Free Library – Children in Kindergarten through Third Grade enjoy stories, crafts, and other surprises. Designed to stimulate interest in reading and the library, this program is in collaboration with the Annville-Cleona School District. Students from that district will be bused to the library with parents responsible for collecting their children at the end of the program. Registration is required.</p>
<p>Book Buzz at Richland Library – Book discussion group for students ages 8-13. Meets each Monday. Each session is held during the evening from 6pm-7:30pm. Students choose the book to be read during each 6-8 week session.</p>
<p>Homework Help – A variety of resources are available at the six libraries and online to help children with homework assignments. Library card holders can also chat online with a librarian 24/7 using the statewide reference Ask Here PA service and use the state’s Power Library resources 24/7 from anywhere with internet connection.</p>
<p>Kids' Crafternoon at Myerstown Community Library – Join us for a fun, all-ages craft program at the library. Held 1 Saturday a month, from August to May. All are welcome but small children may need help. Registration required by calling the library or signing up on the website, myerstown.lclibs.org. As supplies last.</p>
<p>Lego Club at Richland Library - For ages 5-12. Each session has a different theme and the library provides all of the Legos! The club meets on the 2nd Monday of each month at 6pm. Each session has a different theme and the library provides all of the Legos!</p>
<p>Poetry Contest – Lebanon Community Library celebrates Poetry Month every April with a Poetry Contest open to all library card holders in the county beginning in February. The winning poems will be compiled into a volume that is available to borrow from the library’s shelves or for purchase. Contact the Lebanon Community Library for more information.</p>
<p>Reading Packs @ Your Library – Perfect for parents, teachers and caregivers, tote bags designed for 5-8 year olds include themes such as Pennsylvania Roadtrip, Endangered Animals, Fractured Fairy Tales and Exploring Outer Space. The contents of the packs consist of a selection of books, an educational toy or puppet, related music and a resource for parents or caregivers. Bilingual material is included in most packs. Available through all six libraries.</p>
<p>Reading to the Dogs – For reluctant readers. Reading to dogs is easier for many young learners than reading to grown-ups. Anxieties and frustrations that children encounter when asked to read aloud disappear when their audience is a good natured, lovable, sweet tempered dog. Programs available at Matthews, Myerstown, and Palmyra libraries. Schedules vary – call the libraries for details.</p>
<p>STEM Programing – Each library offers STEM (Science, Technology, Engineering, and Math). Check your local library or lclibs.org for scheduled events.</p>
<p>Summer Learning Program at Lebanon County Libraries – Children of all ages are invited to participate during the summer, earning points for prizes by reading or listening to books, attending special programs or bringing in created items for display. Children are encouraged to participate at their own level. Takes place at all county libraries. Registration is required. Call your library for details.</p>
<p>Write and Illustrate Your Own Book Contest – Lebanon Community Library offers this annual program for elementary school children January through March. Information can be obtained from area teachers or picked up at the library. Winner’s entries will be made into a hard-bound book and added to the library’s collection. Contact Lebanon Community Library for more information.</p>

Education - Public Library System Continued

345 Book Club at Myerstown Community Library – Are you in grade 3, 4, or 5? Do you love to read? Come on out for our middle-grade book club where you pick the books. 20 minutes of book discussion, 30 minutes of book-themed activities, and lots of fun. And yes, we have snacks! Held 1 Saturday a month, from August to May. Check the library website - myerstown.lclibs.org - or facebook page for more information.

Middle School and Teen Ages

Annvile Free Library's Young Adult Room – The Young Adult Room is for children entering 4th through 8th grades. This air-conditioned, adult-supervised, youth-only area is equipped with computers, card and board games as well as a casual reading and socializing area. Contact the library for additional information.

Ask Here PA – Need homework help? Chat online with a librarian 24/7 using this statewide reference service.

Homework Help – A variety of resources are available at the six libraries and online to help children with homework assignments. Library card holders can also chat online with a librarian 24/7 using the statewide reference Ask Here PA service and use the state's Power Library resources 24/7 from anywhere with internet connection.

Poetry Contest – Lebanon Community Library celebrates Poetry Month every April with a Poetry Contest open to all library card holders in the county beginning in February. The winning poems will be compiled into a volume that is available to borrow from the library's shelves or for purchase. Contact the Lebanon Community Library for more information.

Palmyra Public Library's Phoenix Youth Center - This free after school program is for students in grades 3 – 8 and is located at Palm Lutheran Church. The program includes homework help and supervised recreation. Contact the library for more details.

Teen Summer Reading Program @ Your Library – All six county libraries offer programs and prizes to keep teens reading all summer. Contact your local library for details.

Adults

Books To Go – This outreach program is provided through the Lebanon Community Library district center and is available to eligible residents across the county. All six libraries contribute audio and large print books to the program. Books To Go provides reading materials to adults who are visually impaired or are physically unable to visit the library. Once a month volunteers deliver book bags to participants and caregivers. Call 717-273-7624 for more information.

Chess Club at Annville Free Library – Meets every Monday from 3-5pm. All ages and levels welcome.

Finding Independence Through Technology (FITT) Workshops – Workshops focused on technology and other popular topics are offered at all Lebanon County Libraries. Check your local library or lclibs.org for the schedule.

Knitting Group at Annville Free Library – Meets every Tuesday at 6:15pm. Bring what you are working on. Help is available.

Painting Together Group at Annville Free Library – Meets every 2nd Friday from 1-4pm. Bring projects you are working on. All mediums and levels welcome.

Reading Groups and Book Clubs – All of the libraries host reading groups and books clubs. Some meet monthly; others quarterly. Call your local library for more information.

Take-A-Break Tuesdays at Annville Free Library – Informative and fun programs for adults are held on the last Tuesday of the month at 6:30 pm. Past programs have included topics such as genealogy, gardening, parenting, health, travel, and finances.

Education - Public Library System Continued

Ukulele Kits and Uke Jam Nights at Annville Free Library – Ukulele Kits available to borrow: includes ukulele, gig bag, electronic tuner, and beginner uke book. Uke Jam Nights are the 2nd Tuesday and 3rd Thursday of each month at 6:30pm. Ukes only. All playing levels are welcome.

Yarn Spinners at Annville Free Library– Meets every 4th Wednesday of the month at 6:30pm.

Education - Public School System

Annville-Cleona School District - www.acschools.org

Administrative Office, 520 South White Oak Street, Annville, PA 17003

(717) 867-7600

Cleona Elementary School (Grade K-2)

50 East Walnut Street, Cleona, PA 17042

(717) 867-7640

Annville Elementary School (Grade 3-6)

205 South White Oak Street, Annville, PA 17003

(717) 867-7620

Annville-Cleona Middle/High School

500 South White Oak Street, Annville, PA 17003

(717) 867-7700

Cornwall Lebanon School District - www.clsd.k12.pa.us

Administrative Office, 115 East Evergreen Road, Lebanon, PA 17042

(717) 272-2033

Cornwall Elementary School

Route 419 Box 308, Cornwall, PA 17016

(717) 273-4571

Ebenezer Elementary School

1600 Colonial Circle, Lebanon, PA 17046

(717) 272-1969

South Lebanon Elementary School

1825 South Fifth Avenue, Lebanon, PA 17042

(717) 273-4546

Union Canal Elementary School

400 Narrows Drive, Lebanon, PA 17046

(717) 270-7227

Cedar Crest Middle School

101 East Evergreen Road, Lebanon, PA 17042

(717) 272-2032

Cedar Crest High School

115 East Evergreen Road, Lebanon, PA 17042

(717) 272-2033

Education - Public School System Continued

Eastern Lebanon County School District - www.elcosd.org

Administrative Office, 180 ELCO Drive, Myerstown, PA 17067

(717) 866-7117

Fort Zeller Elementary School

243 North Sheridan Road, Richland, PA 17087

(610) 589-2575

Jackson Elementary School

558 West Main Avenue, Myerstown, PA 17067

(717) 866-2624

Eastern Lebanon County Middle School

60 Evergreen Drive, Myerstown, PA 17067

(717) 866-6591

Eastern Lebanon County High School

180 ELCO Drive, Myerstown, PA 17067

(717) 866-7447

Eastern Lebanon County Intermediate School

100 Evergreen Drive, Myerstown, PA 17067

(717) 866-4521

Lebanon School District - www.lebanon.k12.pa.us

Administrative Office, 1000 South Eighth Street, Lebanon, PA 17042

(717) 273-9391

Harding Elementary School

600 Chestnut Street, Lebanon, PA 17042

(717) 273-9391

Southwest Elementary School

1500 Woodland Street, Lebanon, PA 17042

(717) 675-2174

Henry Houck Elementary School

315 East Lehman Street, Lebanon, PA 17046

(717) 273-9391

Northwest Elementary School

1315 Old Forge Road, Lebanon, PA 17046

(717) 273-9391

Southeast Elementary School

398 East Locust Street, Lebanon, PA 17042

(717) 675-2163

Lebanon Middle School

350 North Eighth Street, Lebanon, PA 17046

(717) 273-9391

Education - Public School System Continued

Lebanon High School
1000 South Eighth Street, Lebanon, PA 17042
(717) 273-9391

Northern Lebanon School District - www.norleb.k12.pa.us

Administrative Office, P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

East Hanover Elementary School
1098 School House Road, Annville, PA 17003-8523
(717) 865-3595

Fredericksburg Elementary School
P.O. Box 27, 119 East Walnut Street, Fredericksburg, PA 17026-0027
(717) 865-4107

Jonestown Elementary School
P.O. Box 839, 135 South King Street, Jonestown, PA 17038-0839
(717) 865-3193

Lickdale Elementary School
40 Fisher Avenue, Jonestown, PA 17038
(717) 865-4012

Northern Lebanon Middle School
P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

Northern Lebanon High School
P.O. Box 100, 345 School Drive, Fredericksburg, PA 17026-0100
(717) 865-2117

Special Services Office
P.O. Box 839, 152 South King Street, Jonestown, PA 17038
(717) 865-5425

Palmyra Area School District - www.pasd.us

Administrative Office, 1125 Park Drive, Palmyra, PA 17078
(717) 838-3144

Forge Road Elementary
400 South Forge Road, Palmyra, PA 17078
(717) 838-1331 Opt. 4

Lingle Avenue Elementary
600 South Lingle Avenue, Palmyra, PA 17078
(717) 838-1331 Opt. 5

Education - Public School System Continued

Northside Elementary
301 East Spruce Street, Palmyra, PA 17078
(717) 838-1331 Opt. 6

Pine Street Elementary
50 West Pine Street, Palmyra, PA 17078
(717) 838-1331 Opt. 7

Palmyra Area Middle School
50 West Cherry Street, Palmyra, PA 17078
(717) 838-1331 Opt. 3

Palmyra Area High School
1125 Park Drive, Palmyra, PA 17078
(717) 838-1331 Opt. 1

Private Schools:

Blue Mountain Christian School
14 Silvertown Road, Jonestown, PA 17038-9410
(717) 865-9650

Lebanon Catholic School
1400 Chestnut Street, Lebanon, PA 17042
(717) 273-3731

Lebanon Christian Academy
875 Academy Drive, Lebanon, PA 17046-0170
(717) 273-8114

New Covenant Christian School
452 Ebenezer Road, Lebanon, PA 17046
(717) 274-2423

Finances

Advocacy Alliance (877) 315-6855 <i>Provides representative payee services in Lebanon County.</i>
CCCS Telephone Counseling (888) 599-2227
Consumer Credit Counseling Services 308 East King Street, Lancaster, PA 17602 (717) 397-5182 <i>Budget planning, money management and planned debt liquidation.</i>
Credit Counseling Services of America (800) 493-2222
CrissCross Representative Payee Services 215 South 3rd Street, Suite 300, Clarksburg, WV 26301 (717) 799-7538 Fax: (844)-845-7167 <i>Provides representative payee services in Lebanon County.</i>

Finances Continued

<p>Jubilee Ministries 235 South 12th Street, Lebanon, PA 17042 (717) 274-7528 <i>Assists with personal budget counseling and emergency financial assistance.</i></p>
<p>Lebanon County Community Action Partnership 503 Oak Street, Lebanon, PA 17042 (717) 273-9828 <i>Provides budget counseling. Call for information on Free Tax Preparation.</i></p>
<p>Lebanon County Assistance Office 625 S. 8th Street, Lebanon, PA 17042 (717) 270-3600 <i>Provides cash assistance, supplemental nutrition assistance program (SNAP), financial aid, medical assistance/SSI advocacy, financial assistance and emergency fuel assistance and emergency shelter allowance for eligible participants.</i></p>
<p>Lebanon County Penn State Cooperative Extension 2120 Cornwall Road, Suite 1, Lebanon, PA 17042 (717) 270-4391 <i>Information on budget and resource management.</i></p>
<p>PROBE 303 Chestnut Street, Office 1, Lebanon, PA 17042 (717) 273-2090 <i>Provides budget counseling as well as specialized career counseling for low-income single parents, homemakers and pregnant/parenting teens, so that they can attain emotional and economic independence.</i></p>
<p>The Arc of Dauphin & Lancaster Counties 2569 Walnut Street, Harrisburg, PA 17103 Contact: Deb Johnson, Representative Payee Supervisor (877) 533-7098 or djohnson@arcofdc.org <i>Provides representative payee services in Lebanon County.</i></p>
<p>Welfare Helpline P.O. Box 2675, Harrisburg, PA 17105 (800) 692-7462 Hours: 8:30 am - 4:45 pm <i>Cash assistance, food stamps, energy assistance and Medicaid for low income families.</i></p>
<p>WIC (Women, Infants, and Children Program) 615 Cumberland Street, Lebanon Family Health Services, Lebanon, PA 17042 (717) 273-6940 www.lebanonfamilyhealth.org <i>Serves lower income families with a subsidized food program and nutrition counseling.</i></p>

Earned Income Tax Credit (EIC)

Working families may qualify for a child tax credit up to \$1,000 for each child in addition to an EIC for which they may qualify. To qualify, your child (children) must have lived with claimant for more than six months of the year and be under the age of 19 or 24 if a full time student or be any age and permanently disabled. Single or married people who work full-time or part-time can qualify depending on their income. Low to moderate income households can get FREE help with tax preparation through VITA (Volunteer Income Tax Assistance). For local information about VITA call Lebanon County Community Action Partnership at (717) 273-9328 or email CAP@lebcnty.org.

Finances Continued

What is a Credit Score?

Credit Scoring is a system creditors use to help determine whether to give a person credit. Information about credit experience and personal information is used such as bill paying history, the number and types of accounts a person has, outstanding debts and age of accounts from a credit application and a credit report. Using a statistical program, creditors compare this information to the credit performance of consumers with similar profiles. The credit scoring system awards points for each factor that helps predict who is most likely to repay a debt. The total number of points helps predict how credit worthy a person is and how likely to repay a loan and make payment when due.

Free Annual Credit Reports are available: 877-322-8228 Web: www.annualcreditreport.com

Government - Local and State Services

Health Department Information

Maternal Health Consultant - South Central District

Sharon Duttry
30 Kline Plaza, Harrisburg, PA 17104
(717) 787-8092

School Nurse Coordinator - South Central District

Roxanne LaPorte
30 Kline Plaza, Harrisburg, PA 17104
(717) 787-8092

Special Needs Consultant - South Central District

Carol Miller
30 Kline Plaza, Harrisburg, PA 17104
(717) 787-8092

Lebanon County

Housing and Redevelopment Authority

10th and Willow Streets, Lebanon PA 17046
(717) 273-1639
Provides government subsidized housing to eligible participants

Lebanon County Area Agency on Aging

710 Maple Street, Second Floor, Lebanon PA 17046
(717) 273-9262, Fax: (717) 274-3882
email: lebcoaaa@lebcnty.org
website: www.lebcounty.org
Protective Services on call 24 hours
Hours of operation 8-4:30pm Mon-Fri
Target population: 60 years or older. Provides information and Referral/ Care Management of In home services/ Senior Community Centers/ Medicare Insurance Counseling/Home Delivered Meals/Protective Services/ AdultDay Care.

Lebanon County Assistance Office

625 South 8th Street, Lebanon PA 17042
(717) 270-3600
Provides cash assistance, supplemental nutrition assistance program (SNAP), financial aid, medical assistance/SSI advocacy, emergency shelter allowance, and low income home energy assistance program (heating assistance/ seasonal program) for eligible participants.

Government - Local and State Services Continued

Lebanon County Children and Youth Services

Municipal Building, Room 401, 400 South 8th Street, Lebanon PA 17042

(717) 228-4430, (717) 272-2054 for on-call worker after hours, Fax: (717) 228-4465

Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, group home care, institutional placements, and emergency shelter care. Provide referrals for group and individual counseling/therapies, parenting skills classes and day care.

Lebanon County Commission on Drug and Alcohol Abuse

220 East Lehman Street, Lebanon PA 17046

(717) 274-0427

Offers drug, alcohol and tobacco prevention, intervention, and treatment services to Lebanon County.

Lebanon County Community Action Partnership

503 Oak Street, Lebanon PA 17042

(717) 273-9328

Offers rental assistance, shelter assistance, information and referral, bridge housing, transitional housing, medical assistance transportation, volunteer income tax assistance, and financial assistance with transportation and child care for eligible participants. PPL customers may contact CAP for free energy saving kits.

Lebanon County Crisis Intervention, Information and Referral Services

229 South Fourth Street (rear), Lebanon PA 17042

(717) 274-3363

Confidential help with any problem. Free information and referral.

Lebanon County Domestic Relations

Room 202, Municipal Building, 400 South 8th Street, Lebanon PA 17042

(717) 228-4480

Lebanon County Housing Authority Social Services

1012 Brock Drive, Lebanon PA 17042

(717) 273-8901

Provides housing services for tenants of Housing Authority owned and managed properties including counseling, life skills education.

Lebanon County MH/ID/EI

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415

The Lebanon County MH/ID/EI Program provides services to Lebanon County residents who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.

Lebanon County Probation Services - Juvenile Division

508 Oak Street, Lebanon, PA 17042

(717) 273-1557

Provides supervision to juvenile offenders alleged to have committed a delinquent act by enforcing the disposition orders of the Lebanon County Court of Common Pleas – Juvenile Division.

Lebanon County Sheriff's Office

400 South 8th Street, Lebanon, PA 17042

(717) 274-2801 Sheriff Michael J. Deleo

Government - Local and State Services Continued

Lebanon County Victim/Witness Program

400 South 8th Street, Lebanon, PA 17042

(717) 274-2801 Ext. 2180

Services include court accompaniment, notification of release from incarceration, property return and referral to other agencies.

Office of Attorney General

Bureau of Consumer Protection, Strawberry Square 14th Floor, Harrisburg, PA 17120

(800) 441-2555

A civil law enforcement agency that mediates and investigates consumer complaints.

Pennsylvania Human Relations Commission

Pennsylvania Place, Suite 300, 301 Chestnut Street, Harrisburg, PA 17101-2702

(717) 787-4410, (717) 783-9308 TTY

Receives and investigates complaints of discrimination in areas of employment, housing, education etc.

Pennsylvania State Police Jonestown

2632 SR 72 Jonestown, PA 17038

(717) 865-2194

Social Security Administration

924 Russell Drive, Lebanon, PA 17042

(717) 272-5342, (800) 772-1213, (717) 272-1699 Fax

Hours: 9:00 am to 4:00 pm Monday – Friday

Veterans Affairs, Lebanon County

Room 102, Municipal Building, 400 South 8th Street, Lebanon, PA 17042

(717) 228-4422

Welfare Helpline

P.O. Box 2675, Harrisburg, PA 17105

(800) 692-7462

Hours: 8:30 am – 4:45 pm

Cash assistance, food stamps, Energy assistance and Medicaid for low income families

State Representatives

Rep. Frank Ryan

101st Legislative District, 1044 East Main Street, Palmyra, PA 17078

(717) 838-3823, (717) 832-8194 Fax

Russ Diamond

102nd Legislative District, 2232 Lebanon Valley Mall, Lebanon, PA 17042

(717) 277-2102, (717) 277-2105 Fax

State Senator

Michael Folmer

101 Municipal Building, 400 South 8th Street, Lebanon, PA 17042

(717) 274-7705

Government - Local and State Services Continued

Federal Government

Lebanon County Representatives

Congressman Dan Meuser

9th District
Plamyra, PA 17078
<https://meuser.house.gov/>

1044 East Main Street,

Senator Pat Toomey**Main Office:**

Room 1104 Federal Building, 711 Hart Building, Washington, DC, 20510
(202) 224-4254

Harrisburg Office:

229 Walnut Street, Harrisburg, PA 17101
(717) 782-3951

Senator Bob Casey, Jr.**Main Office:**

383 Russell Senate Office Building, Washington, DC 20510
(202) 224-6324, (202) 228-0604 Fax, (866) 802-2833 Toll Free

Harrisburg Office:

555 Walnut Street, First Floor, Harrisburg, PA 17101
(717) 231-7540, (717) 231-7542 Fax, (866) 461-9159 Toll Free

Lebanon County Commissioners

Office Hours: Monday through Friday - 8:30 AM to 4:30 PM

Mailing Address: Lebanon County Commissioners, Room 207, Municipal Building, 400 South 8th Street, Room 110, Lebanon, PA 17042-6794

Phone Number: (717) 274-2801 Ext. 2202

Fax Number: (717) 274-8094

Department Administrator: Jamie A. Wolgemuth, County Administrator, jwolgemuth@lebcnty.org

County Commissioners: Robert Phillips, jwolgemuth@lebcnty.org

William Ames, jwolgemuth@lebcnty.org

Jo Ellen Litz, jlitz@lebcnty.org

Government - Local and State Services Continued

Local Municipalities Curfew List

Annville Township	10:00 p.m. – 5:00 a.m.
Cleona Borough	11:00 p.m. – 6:00 a.m.
Cornwall Borough	10:00 p.m. – 6:00 a.m. (Sun-Thurs) 11:00p-6:00a (Fri, Sat)
Heidelberg Township	No Curfew
Lebanon City	10:00 p.m. – 5:00 a.m
Millcreek Township	10:00 p.m
Myerstown Borough	11:00 p.m.
North Annville Township	No Curfew
North Cornwall Township	10:00 p.m
North Lebanon Township	11:00 p.m.
North Londonderry Township	9:00 p.m. under 16, 12:00 am. over 16
Palmyra Borough	11:30 p.m. – 6:00 a.m.
Richland Borough	10:00 p.m.
South Annville Township	No Curfew
South Lebanon Township	11:00 p.m. – 6:00 a.m.
South Londonderry Township	11:30 p.m. – 6:00 a.m.

Municipalities

Annville Township	36 N. Lancaster St., Annville	867-4476
Bethel Township Bldg.	81 Klahr Rd, Bethel	933-8813
Cleona Borough Hall	140 Walnut St., Cleona	272-7167
Cornwall Borough	Borough Hall, Cornwall	274-3436
East Hanover Township	1117 Schoolhouse Rd., Annville	865-3614
Heidelberg Township	111 Mill Rd., Schaefferstown	949-3885
Jackson Township	60 Ramona Rd., Myerstown	866-4771
Jonestown	37 W. Market, Jonestown	861-5414
Lebanon City	800 S. 8th St., Lebanon	273-6711

Government - Local and State Services Continued

Millcreek Twp.	81 E. Alumni Ave., Newmanstown	(610) 589-4750
Mt. Gretna Borough	101 Chautauqua Dr	964-3270
Myerstown Borough	101 E. Washington St. Myerstown	866-5038
N Annville Twp Sup	1929 Thompson Ave., Jonestown	867-1814
N Cornwall Mun Bldg	320 S. 18th St. Lebanon	273-9200
N Lebanon Twp Bldg	725 Kimmerlings Rd, Lebanon	273-7132
N Londonderry Twp Bldg	655 E. Ridge Rd, Palmyra	838-1373
Palmyra Borough Bldg	325 S. Railroad St., Palmyra	838-6361
Richland Borough	5 Pine St., Richland	866-5601
S Annville Twp	1036 Horseshoe Pike, Lebanon	867-1003
S Lebanon Twp Bldg	1800 S. 5th Ave, Lebanon	274-0481
S Londonderry Twp	20 W. Market St., Campbelltown	838-5556
Swatara Twp	1 Supervisor Dr., Jonestown	865-4803
Union Twp Bldg	3111 SR 72, Jonestown	865-4039
W Cornwall Twp Bldg	73 S. Zinns Mill Rd, Lebanon	272-9841
W Lebanon Twp Bldg	322 W. 22nd St., Lebanon	274-1598

Grief Counseling

<p>Compassionate Friends (Lebanon County Chapter) Presbyterian Church, 1300 West Maple Street, Lebanon, PA 17046 (717) 274-2422 www.compassionatefriends.org <i>Support for family after the death of a child. Meets the 4th Monday of each month at 7pm.</i></p>
<p>Crisis/Catastrophe Support Group Quittie Glen, 417 Reigerts Lane, Annville, PA 17003 (717) 867-8335 x211 Find us at www.quittieglen.com. <i>Led by Dr. Parida, who uses the wisdom gained in his personal survival of catastrophe to empower others to rediscover hope and rid themselves of negative emotional entanglements with their past. Three types of support services are available for persons whose lives are in chaos that conventional medical services alone have not been able to resolve. These include group support, individual support and family support which are organized around a combination of educational segments, inspirational stories and examples, and (most importantly) the promotion of each participant's growing awareness of their own spirituality and empowerment to inspire fellow participants.</i></p>
<p>Grief & Loss Support Group Lebanon Valley Home, 550 East Main Street, Annville, PA 17003 (717) 285-2639 Nancy Boyd <i>Meets second Tuesday of each month, 3-4pm</i></p>

Grief Counseling Continued

MOURNING HAS BROKEN

A Grief Support Group at St. Andrews Presbyterian Church

The Mourning Has Broken Grief Support Group at St. Andrews Presbyterian Church has been meeting monthly for almost 15 years. We are strictly a support group, not a counseling group.

Under the leadership of St. Andrews member and retired minister, Diane Pomeroy, we meet at 2:00 PM, on the first Thursday of every month in the Cassel Chapel at St. Andrews. At the present time, the membership of the group consists of people who are members of St. Andrews and quite a few people who are not members, but heard about us and wanted to join with us.

The content of our meetings is rather informal, mostly talking about concerns about the grieving process: sharing stories about the loved one we lost; asking questions about how we are feeling; dealing with special days like holidays, anniversaries, family celebrations; and other topics that might arise in the midst of our conversations.

We welcome anyone to come to our group, whether members of St. Andrews or not, no matter how long ago or how recent the loss, or the nature of the loss – father, mother, spouse, child, good friend. There is no charge to become part of our group, as this is part of the outreach mission of the church.

St. Andrews Presbyterian Church is located at 600 South 12th Street, Lebanon. The building is totally handicapped accessible. For more information, please call the church office at 717- 272-9933, or check our website: www.standrewslebanon.org

Mourning Light Foundation

P.O. Box 481, Manheim, PA 17545

www.mourninglightfoundation.org

Supports families coping with the loss of a child

Olivia's House

830 South George Street, York, PA 17403

(717) 699-1133 Phone, (717) 699-1174 Fax

An organization of caregiving professionals and volunteers committed to supporting grieving children.

PATHways Center for Grief & Loss

4075 Old Harrisburg Pike, Mount Joy, PA

(717) 391-2413 or (717) 733-0699

www.pathwaysthroughgrief.org

Multiple support programs for adults and children run by Hospice of Lancaster County

SIDS of PA

(888) 721-CRIB

www.cribsforkids.org

Support for parents who have lost an infant

Survivors of Suicide Support Group

For more information contact Brenda Startoni at (717) 274-3363

Support group for those who have attempted suicide as well as those affected by the suicide of a loved one.

The Caring Place

Highmark Caring Place, 3 Walnut Street, Suite 200, Lemoyne, PA 17043

(866) 613-4673, (717) 302-8401

A center for grieving children, adolescents and their families.

Grief Counseling Continued

WellSpan Good Samaritan Hospice Bereavement Support Services

Journey Through Grief: Bereavement Support Groups provide support for adults in the community who are grieving the loss of a loved one. The support groups are informal groups and do not follow a structured curriculum. Our groups are facilitated by trained Hospice Volunteers and are offered 2 times per month: 1st Monday of the month at 1:00p.m. and the third Thursday of the month at 6:30p.m. Registration is required for the Thursday evening group by noon time on the date of the group. If no one has registered by the deadline, the group will not be held. To register, please call either 717-270-4861 or 717-270-7672.

**Please note that group dates are modified when a holiday falls on the date of the group.*

Rainbow Connection: Is an activity club for children ages 5-10 who are grieving the loss of a loved one. The club is held on a weekday from 4:30- 5:30p.m for 6-weeks and is offered three (3) times per year. Children may benefit from sharing the feelings of loss with others their age. The club is held at the Weber Family Hospice Center at 202 Hathaway Park, Lebanon Pa, 17042. Registration is required by the parent or legal guardian. To obtain more information on the next 6-week session, please call 717-270-4861

SHARE: Support group for parents who have experienced the loss of a baby through miscarriage, stillbirth or in the first year of life. Meets most 3rd Thursday of most months at 6:30pm in the WellSpan Hospital Classrooms. For more information call the GSH Social Service Department at (717) 270-2233

Health and Health Related Programs

Dental Related

Dental Dreams

3867 Union Deposit Road, Harrisburg, PA 17109
(717) 558-0042

Dental Hygiene Care Facility

(717) 780-2441, (800) ABC-HACC (222-4222) Ext. 2441
Daytime and evening clinic hours available.

Dr. Robert Cramer

753 Fishburn Road, Hershey, PA 17033
(717) 520-0123

Dr. Shad Lewis

2211 Quarry Drive, Suite E67, Wyomissing, PA 19609
(610) 678-5700

Harrisburg Area Community College

One HACC Drive, Harrisburg, PA 17110

Lancaster Cleft Pallet Clinic

Orthodontist - Dr. Ross E. Long, Jr.

(717) 394-3793
Medical assistance accepted. Case by case for special needs.

Lebanon Free Clinic

135 South 9th Street, Lebanon, PA 17042
(717) 273-2715

Pennsylvania Donated Dental Services Eastern Pennsylvania

P.O. Box 5025, Harrisburg, PA 17110-5025
(717) 238-8721, (800) 716-8721, (717) 238-8343 Fax
Resources for consumers with MR/Autism and behavioral problems, particularly aggression.

Health and Health Related Programs Continued

Upper Merion Dental 357 South Gulph Road, King of Prussia, PA 19406 (610) 337-2325
Volunteers in Medicine Free Clinic 711 South 8th Street, Lebanon, PA 17042 (717) 272-2252 <i>Free walk-in clinic Monday & Wednesday 12pm - 8pm, Friday 9am - 3pm. All services are free for uninsured as well as insured patients at the walk-in clinic.</i>
Welsh Mountain - Lebanon Ridge Oral Health 101 South 9th Street, Lebanon, PA 17042 (717) 450-7015 www.Welshmountain.org

Hearing Related

Associated Otolaryngologists of Pennsylvania, Inc. 34 Northeast Drive, Hershey, PA 17033 (717) 835-1900
Baby Hearing www.babyhearing.org <i>Site provides information about the newborn hearing screening process.</i>
Better Hearing Institute (800) 327-9355
Deaf and Hard-of-Hearing Services of Lancaster County 630 Janet Avenue, Lancaster, PA 17601 (717) 397-4741, (717) 291-1839 Deaf Services, Voice and TTY <i>Provides services to the deaf and hard of hearing of Central PA and those in need of information about deafness, sign language and related topics.</i>
WellSpan Hospital Audiology, Speech Language and Dysphagia Services WellSpan Hospital, 4th and Walnut Streets (717) 270-7812 Hours: Monday - Friday 8:00 a.m. - 4:30 p.m.
Hear Now Starkey Hearing Foundation 6700 Washington Avenue South, Eden Prairie, MN 55344 (800) 769-2799 Phone, (952) 828-6946 Fax <i>Hearing devices and some financial assistance for hearing devices.</i>
Hearing Devices (State Program) OVR Office (717) 787-7834

Sight Related

Bureau of Blindness and Visual Services - Department of Labor and Industry Office of Vocational Rehabilitation 2971-B North 7th Street, Harrisburg, PA 17110 (717) 787-7500, (717) 787-1733 TTY, (866) 375-8264 <i>Offers specialized services and rehabilitative programs for the visually impaired to work and maintain independent lives.</i>
InfantSee Program www.infantsee.org <i>Click on "Locator" in the upper right hand corner for a list of local providers. Free vision exams for babies under 1 year old.</i>

Health and Health Related Programs Continued

Pennsylvania Association for the Blind - Lebanon Satellite Office

738 Cumberland Street, Lebanon, PA 17042

(717) 274-6711

Provides social services, prevention and screening services and public education.

Sight for Students

1-888-290-4964, www.sightforstudents.org

Offers free eye care and eyewear for qualifying children.

Tri-County Association for the Blind

1800 North 2nd Street, Harrisburg, PA 17102-2200

(717) 238-2531

Serves the visually impaired and Radio Reading program. Prevention of blindness and visual problems.

Verizon Telephone Pioneers of America

Strawberry Square, 8th Floor, Harrisburg, PA 17101

(800) 322-6710

Organization hold annual sports jamboree for vision impaired and individuals who are wheelchair bound.

VisionCorps

2550 Hanford Drive, Lebanon, PA 17046

(717)291-5951

www.visioncorps.net

Empowering individuals with vision loss to attain independence through training in adaptive daily living skills, safe and independent travel instruction, support groups, social services, and comprehensive case management. Also provides prevention and vision screening services and public education.

Comprehensive Specialty Care Clinics

Acquired Brain Injury Network of Pennsylvania

Lansdale, PA 19466

(215) 699-2139 or (800) 516-8052 (messages only), info@abin-pa.org or send an email through www.abin-pa.org

Helps survivors and families with the challenges of brain injury. Call the InfoLine for information or use the Resource Screening on the Home Page and print a list of options based on your birth date. Sign up for the free monthly newsletter on the website.

Aging Well

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003

(717) 867-8335 x211

Visit us at www.quittieglen.com, under "Lifestyle Wellness Programs" and answer the mind-body-spirit inventory.

Facilitated by Dr. Parida, the goal is to add life to age and not age to life through our various educational support groups. Our Mind-Body-Spirit Inventory is a screening tool to make an assessment of the full inventory of your mind, body and spirit at the present time, reflecting the sum total of everything that has happened to you in your life thus far with regard to your health and well-being. It helps us explore which integrative service(s) best support the needs of your individual health and well-being. An appropriate recommendation is made thereafter to match your needs and goals.

Ambulance Service - First Aid and Safety Patrol Incorporated

254 S. 11th Street, Lebanon, PA 17042

(717) 272-1234 / (717) 272-6675 / (717) 272-6676

24-hour service

Cardeza Foundation Hemophilia Center Thomas Jefferson University

111 South 11th Street, Philadelphia, PA 19107

(215) 955-2342 Hemophilia

Health and Health Related Programs Continued

<p>Children's Anesthesia Associates 100 North 20th St. Suite 201, Philadelphia, PA 19103 (215) 997-8228 Ventilator Depend</p>
<p>Children's Hospital of Philadelphia 34th & Civic Center Boulevard, Philadelphia, PA 19104 (215) 590-3608 Cystic Fibrosis / (215) 590-2197 Cooley's Anemia (215) 590-3438 Hemophilia / (215) 590-1760 Spina Bifida</p>
<p>Children's Hospital of Pittsburgh 3705 Fifth Avenue, Pittsburgh, PA 15213 (412) 692-5098 Child Rehab / (412) 692-5721 Cystic Fibrosis / (412) 692-6421 Spina Bifida</p>
<p>Children's Seashore House 34th & Civic Center Boulevard, Philadelphia, PA 19104 (215) 590-7078 Child Rehab</p>
<p>Easter Seal Society of Eastern PA 1040 Liggett Avenue, Reading, PA 19611 (610) 775-1431 Child Rehab</p>
<p>Hemophilia Center of Western PA 3636 Boulevard of the Allies, Pittsburgh, PA 15213 (412) 209-7287 Hemophilia</p>
<p>Just Like Family Home Health Care Services - 932 Cornwall Road, Lebanon, PA 17042 (717) 273-1950, (877) 674-9237 <i>Serving elderly, those recovering from illness, new mothers and families with disabled individuals and special needs children with health care team professional care.</i></p>
<p>Juvenile Diabetes Research Foundation Suite 103, 119 Aster Drive, Harrisburg, PA 17112-2747 (717) 902-6489</p>
<p>Lebanon Family Health Services, Inc. 615 Cumberland Street, Lebanon, PA 17042 (717) 273-6741 www.lebanonfamilyhealth.org <i>Provides gynecological examinations, contraceptive services, testing and treatment for Sexually Transmitted Infections, pregnancy testing, prenatal services, convenient care services, employment physicals, sports physicals, driver's license physicals, drug testing, finger printing services, primary care, and ACA health insurance enrollment assistance (during open enrollment). LFHS is also the county vendor for the WIC (Women, Infants and Children) Supplemental Nutrition Program. LFHS offers community education programs including diabetes education, parenting classes, nutrition education, reproductive health curriculum for teens, and tobacco cessation (Lebanon, Lancaster, Schuylkill and Berks Counties)</i></p>

Health and Health Related Programs Continued

<p>Lebanon State Health Center 9 North 9th Street, Lebanon, PA 17042 (717) 272-2044 <i>Offers an immunization clinic, tuberculosis clinic, hypertension screenings, HIV clinic, home visiting and communicable disease reporting and follow-up.</i></p>
<p>Lehigh Valley Hospital Cedar Crest & 1-78, Allentown, PA 18105 (610) 402-0640 Hemophilia</p>
<p>Milton S. Hershey Medical Center University Drive, Hershey, PA 17033 (717) 531-7468 Hemophilia / (717) 531-7522 Spina Bifida</p>
<p>Moss Rehab Hospital (ADULT CARE) 1200 West Tabor Street, Philadelphia, PA 19141 (215) 456-9596 Spina Bifida</p>
<p>NeedyMeds, Inc P.O. Box 63716, Philadelphia, PA, 19147 (215) 625-9609 Administrative Office , (419) 858-7221 Fax www.needymeds.com <i>Drug company assistance programs for people who meet guidelines.</i></p>
<p>Nurse-Family Partnership Pinnacle Health - 2645 North 3rd Street, Harrisburg, PA (717) 782-2335, (717) 782-2709 Fax <i>A voluntary, evidence-based, home nurse visiting program for low-income, first time mothers who reside in Lebanon County. Clients can anticipate healthier pregnancies and babies, the development of parenting skills and support networks, referrals to community services and guidance with goal-setting for the future.</i></p>
<p>Penn Comprehensive Hemophilia Program Presbyterian Medical Center, Medical Arts Building, Suite 211, 39th & Market Street, Philadelphia, PA 19104 (215) 662-9248 Hemophilia</p>
<p>Philadelphia Health & Education Corp. (ADULT CARE) 3300 Henry Avenue, Philadelphia, PA 19129 (215) 842-6979 Cystic Fibrosis</p>
<p>Pinnacle Health Hospice Harrisburg Area Office - 3705 Elmwood Drive, Harrisburg, PA 17110 (717) 671-3800, (800) 889-1098, (717) 671-3713 Fax Web: www.pinnaclehealth.org <i>Serves adults and children diagnosed with any life-limiting illness.</i></p>
<p>Pinnacle Health Systems Brady Medical Arts Building, 105 S. Front Street, Harrisburg, PA 17101 (717) 231-8670 Cystic Fibrosis</p>
<p>Reading Hospital & Medical Center 301 South 7th Avenue, Suite 220, West Reading, PA 19611 (610) 988-5111 Hemophilia</p>

Health and Health Related Programs Continued

<p>St. Christopher's Hospital for Children Front & Erie Streets, Philadelphia, PA 19134 (215) 427-5506 Child Rehab / (215) 427-5183 Cystic Fibrosis (215) 427-3836 Hemophilia / (215) 427-8190 Spina Bifida</p>
<p>Susquehanna Service Dogs 3700 Vartan Way, Harrisburg, PA 17110 (717) 671-7813 Email: nfierer@kss.org <i>Provide/train service dogs for people with disabilities</i></p>
<p>Susquehanna Valley Pregnancy Center - Lebanon Pregnancy Center 132 South 8th Street, Lebanon, PA 17042 (717) 274-0600 <i>Provides support and resources to women who are pregnant.</i></p>
<p>University of Pittsburgh Physicians (ADULT CARE) UPMC - Oakland Campus Department of Physician Medical and Rehabilitation Room 1103 Kaufmann Building, 5th Avenue and Darragh Street, Pittsburgh, PA 15213 (412) 692-2946 Spina Bifida</p>
<p>WellSpan Good Samaritan Hospital 252 S. 4th St, 4th and Walnut Street, Lebanon, PA 17042 (717) 270-7500</p>
<p>WellSpan Home Health & Hospice 1503 Quentin Road, Lebanon, PA 17042 (717) 274-2591 / (717) 274-3923 Fax <i>Home Assistance to persons during times of stress, illness, or other crisis. Services include personal care, self-care instruction, and caregiver relief. Provides intermittent skilled care in the home setting.</i></p>
<p>WellSpan Medical Equipment 301 Schneider Drive, Lebanon, PA 17046 (717) 272-2057; Fax 717-272-0796 Hours: Monday 10am-6pm; Tuesday - Friday 9am-5pm; Saturday 9am-1pm; Sunday Closed <i>Serves any person who requires medical equipment and medical supplies.</i></p>
<p>Welsh Mountain - Lebanon Ridge Community Health 920 Church Street, Lebanon, PA 17046 (717) 272-2700 www.Welshmountain.org Welsh Mountain Health Centers is a community health center dedicated to offering quality health services that are both accessible and affordable to all members of the community, especially those who encounter barriers to care. Services offered include: Primary Medical Care, Dental Care, Intergrated Behavioral Health Services, Social Services, Wellness Education, Assistance with health insurance eligibility/enrollment, Language Translation Services, Dental Outreach Screening, and Immunization Clinics. Welsh Mountain's professional multicultural staff is ready to serve you and your family. Call to schedule an appointment - day and evening appointments are available at the Lebanon and Lancaster facilities.</p>
<p>Women's Health Center of Lebanon 300 Willow Street, Lebanon, PA 17046 (717) 273-8835 701 Leon Avenue, Palmyra, PA 17078 (717) 832-0554 <i>Mission to deliver quality obstetrical and gynecological care to patients.</i></p>

Housing/Home Repairs

Agape Family Shelter

139 S. 9th Street, Lebanon, PA 17042

(717) 272-6573

Provides temporary shelter for homeless women and their children.

Center for Independent Living - Disability Empowerment Center

Lancaster Office

1380 Harrisburg Pike, Lancaster, PA 17603

(717) 394-1890 Voice, (717) 394-3228 TTY, (717) 394-7930 Fax

Email: dec.cil@verizon.net

Lebanon Office

243 Schneider Drive, Lebanon, PA 17046

(717) 274-2554 ext. 124

Services include ADA technical assistance, sensitivity awareness training, peer helper groups, PA Transportation Alliance, Statewide Action Team and Rural Accessibility Modification Project (RAMP).

FRESH Start Emergency Shelter / Resource Center

250 South 7th Street, Lebanon, PA 17046

(717) 272-4400 x228

Emergency shelter services for individuals and families facing homelessness.

Habitat for Humanity Lebanon County

1455 East Main Street, Suite 3, Annville, PA 17003

(717) 867-1044

Non-profit organization serving to provide simple affordable housing for low-income families in need of adequate shelter.

Home Modification Program

(717) 780-3800

Housing & Redevelopment Authority

39 North 12th Street, Lebanon, PA 17046

(717) 273-9326

Serves Lebanon County

Lebanon County Community Action Partnership

503 Oak Street, Lebanon, PA 17042

(717) 273-9328

Assistance is available to eligible Lebanon County residents who are homeless or at risk of becoming homeless

Lebanon County Housing Authority Social Services

1012 Brock Drive, Lebanon PA 17042

(717) 273-8901

Provides housing services for tenants of Housing Authority owned and managed properties including counseling, life skills education.

Lebanon Fairweather Lodge

The Fairweather Lodge is a residential setting for individuals with mental health needs that resembles a family with support from peers and minimal support from staff or professionals. The Fairweather Lodge model allows for individuals who could live independently the opportunity to live in a group setting where they will thrive.

For more information contact

Jocelyn Stakem at (717) 274-3415

Housing/Home Repairs

Lebanon Rescue Mission

1223 Bitner Avenue, Lebanon, PA 17046

(717) 273-2301

Provides housing for homeless men and a structured program for individuals with drug and alcohol related problems and parolees of Lebanon County.

Weatherization Program

Community Action Agency of Delaware Co., Inc.

Call (610) 521-8770 or visit their website at www.caadc.org for an application. Provides and installs energy saving materials and provides furnace repair for eligible home owners.

Legal

Disability Rights Pennsylvania

Harrisburg Office

301 Chestnut Street, Suite 300, Harrisburg, PA 17101

(800) 692-7443 [Voice], 1-877-375-7139 [TDD], (717) 236-8110 [Voice], (717) 236-0192 Fax

drnpa-hbg@drnpa.org

Non-profit organization advancing and protecting civil right of all adults with disabilities. Provides information and referrals.

Education Law Center

1315 Walnut Street, Suite 400, Philadelphia, PA 19107-4798

(215) 238-6970

Web: www.elc-pa.org

Non-profit legal advocacy organization dedicated to ensuring that all of Pennsylvania's children have access to a quality public education.

Legal Clinic for the Disabled, Inc.

Magee Rehabilitation Hospital - 1513 Race Street, Philadelphia, PA 19102

(215) 587-3350, (215) 587-3352 TTY, (215) 587-3166 Fax

Legal assistance for people with disabilities.

Midpenn Legal Services

513 Chestnut Street, Lebanon, PA 17042

(717) 274-2834, (717) 274-0379 Fax

Provides free legal services to low-income clients in civil matters including, housing, protection from abuse, welfare problems, custody, divorce and debtor advice. Employment Law issues covered include: Barriers to Employment: such as Criminal Records, Loss of Drivers License, Job Preservation and Getting/Preserving Income and Benefits, Unemployment Compensation, wage claims, pension and employer-provided disability.

PA Health Law Project

1414 North Cameron Street, Suite B, Harrisburg, PA 17103

800-274-3258, TTY (800) 866-236-6310

staff@phlp.org

Assists low-income consumers, persons with disabilities and consumer groups in addressing issues of access to, coverage for and quality healthcare. Free information and direct representation to persons having trouble accessing healthcare coverage and services thru publicly funded programs (Medicaid, Chip, ABC, etc.)

Legal Continued

<p>Pennsylvania Bar Association Lawyer Referral Services P.O. Box 186, Harrisburg, PA (888) 712-0128, (717) 238-6715, (888) 248-2795 TTY, (800) 692-7375 Referral Service, (717) 238-6807 Email: info@pabar.org <i>Matches clients with private attorneys by type of case and geographic location. Referrals are made by telephone only.</i></p>
<p>Phillip Drumheiser, Esquire P.O. Box 890, Carlisle, PA 17111 (717) 245-2688, (717) 258- 4408 Fax <i>Legal assistance to children for education and health issues and other areas as required.</i></p>
<p>Special Needs Agency 4th Floor, 221 W. Philadelphia Street, P.O. Box 2926, York, PA 17405 <i>Life insurance and estate planning for families and individuals with disabilities.</i></p>

Local Municipalities/Points of Interest Websites

<p>Central PA Magazine Community Calendar (WITF's Monthly Magazine) www.centralpa.org/events.html</p>
<p>Central Penn Parent Community Calendar www.centralpennparent.com</p>
<p>Childcare Works Network www.dpw.state.pa.us/Child <i>Site provides valuable information about childcare, Head Start, and other early childhood development services available in PA.</i></p>
<p>Community Links www.community-links.net/Resources.htm <i>Resources for Children including Playground Observation Tool, Respite Services, Babysitting Guidebook.</i></p>
<p>Harrisburg Community www.harrisburgwebsites.com</p>
<p>Lebanon Events www.pa-events.com/Lebanon/index.shtml</p>
<p>Lebanon Macaroni Kid www.lebanon.macronikid.com <i>Choose subscribe to receive weekly emails of events for the entire family</i></p>
<p>Palmyra Area www.palmyrapa.com</p>

Mental Health

ABOARD's Autism Connection of PA

autism-support.org

800.827.9385

Parent run non profit provides education, advocacy and support to parents and professionals.

Addiction Awareness (Toward Mastery Through Understanding)

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003

Contact: Dr. Parida at (717) 867-8335 x211

Find us at www.quittieglen.com under "Lifestyle Wellness Programs".

We recognize that addiction is an irresistible behavior, originally desiring to provide pleasure or relieve distress, creates problems and interferes with our lives. We facilitate comprehension of the vicious cycle of addiction and its co-occurring condition(s) in an individually-specific manner. We are empathic toward the plight of families of addicts since we recognize the significant collateral damage they suffer from and therefore, we provide family support. Our goal is to change perspectives, awareness and thinking patterns.

Another Chance Counseling

756 Cumberland Street, Suite 3, Lebanon, PA 17042

(717) 507-1386

Individual therapy for drug addiction, alcoholism and marriage counseling.

Behavioral Healthcare Corporation

822 Marietta Avenue, Suite 12, Lancaster, PA 17603

(717) 399-8288

Provides mobile psychiatric nursing services in Lebanon County and multidisciplinary mental health clinical services for PerformCare members.

Caron Foundation

Box 150, Galen Hall Road, Wernersville, PA 19565

(800) 678-2332

Treatment center for adults, adolescents and families.

Community Services Group (CSG) JFACTS Program

Juvenile Firesetter Assessment Consultation Treatment Services

2330 Vartan Way, Suite 204, Harrisburg, PA 17110

(717) 920-9434

CSG offers support to youth ages 5-21 who engage in the inappropriate use of fire who also have the presence of significant mental health and behavioral issues. For more information or to make a referral contact us at 717-920-9434.

Compeer of Lebanon County

4 South Fourth Street, Unit C, Lebanon, PA 17042

(717) 272-8317

www.compeer-lebanon.org or to contact by email: director@compeer-lebanon.org

Compeer exists for the purpose of matching caring adults, 18 years of age or older, in one-to-one supportive friendships with people of the same gender who are in mental health recovery. The goals of the program are to decrease loneliness and isolation, improve recovery, improve self-esteem, and encourage involvement in the community. Provides Mental Health support groups.

Mental Health Continued

Compeer Support Services

4 South Fourth Street, Unit C, Lebanon, PA 17042

(717) 272-8317

www.compeer-lebanon.org or to contact by email: director@compeer-lebanon.org

Compeer Support Services offers a safe, judgement-free environment for support groups led by a facilitator who encourages open discussion and support for individuals, 18 and older with any mental health condition. Support groups are offered during the day and in the evening and are free of charge. Childcare is provided for the daytime group.

Connie Davis

Lakeview Road, Mt. Gretna, PA 17064

(717) 964-3850

Individual, marital and family counseling.

Counseling and Family Life Education (COBY)

Palmyra Area Counseling Center - 25 North Chestnut Street, Palmyra, PA 17078

(717) 838-2290, (800) 452-6517

Provides therapy and parent education.

CSG Psychiatric Rehabilitation Program

718 Poplar Street, Lebanon, PA 17042

For more information call (717) 708-2655.

CSG Psychiatric Rehabilitation Program provides recovery opportunities to adults, 18 and older, diagnosed with a serious mental illness. The program is strength based and recovery focused. Our goal is to assist individuals in identifying their strengths and to use those strengths to gain, improve, and maintain their personal goals.

Fredericksburg Family Therapy and Counseling Center

P.O. Box 452, Tan and Chestnut Street, Fredericksburg, PA 17026

(717) 865-0496

Halcyon Activity Center, Inc.

728 Walnut Street, Lebanon, PA 17042

(717) 272-3291

www.halcyonpsr.org

Halcyon provides social rehabilitation to those, 18 years of age and older, with serious and persistent mental illness. These services assist individuals on their personal journey of recovery to develop a greater sense of self-concept, sense of responsibility, independence, interdependent social competencies and community integration, as they receive the support of recovering peers.

Hershey Psychiatric Associates

928 East Chocolate Avenue, Hershey, PA 17033

(717)533-4797

Provides individual, group and marital counseling.

Mental Health Continued

Lebanon County CASSP (Child and Adolescent Service System Program)

220 East Lehman Street, Lebanon, PA 17046-3930

(717) 274-3415, (717) 274-0317 Fax

CASSP is a comprehensive mental health service system for children, adolescents and their families. These services are planned collaboratively with the child's or adolescent's family, the mental health system, the school and other agencies. CASSP also gives technical assistance to provider agencies on state-of-the-art mental health services for children and adolescents, supports best practice and assists in communication among all those who serve children in Pennsylvania.

CASSP is:

Child-centered: Services meet the individual needs of the child, consider the child's and family's context, and are developmentally appropriate, strengths-based, and child-specific.

Family-focused: Services recognize that the family is the primary support system for the child and participates as a full partner in all stages of their decision-making and treatment-planning process.

Community-based: Whenever possible, services are delivered in the child's home community, drawing on formal and informal resources to promote the child's successful participation in the community.

Multi-system: Services are planned in collaboration with all the child-serving systems involved in a child's life.

Culturally competent: Services recognize and respect the behavior, ideas, attitudes, values, beliefs, customs, language, rituals, ceremonies, and practices of a child's ethnic group.

Least restrictive/Least intrusive: Services take place in settings that are the least restrictive and intrusive available to meet the needs of the child and family.

Lebanon County Crisis Intervention, Information and Referral Center

229 South 4th Street (rear), Lebanon, PA 17042

(717) 274-3363

Confidential help with any problem. Free information and referral.

Lebanon County Mental Health/Intellectual Disabilities/Early Intervention Program (MH/ID/EI)

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415, Fax: (717) 274-0317, (717) 274-3363 Crisis Intervention 24-Hour

The Lebanon County MH/ID/EI Program provides services to Lebanon County residents of all ages who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.

NAMI PA (National Alliance for the Mentally Ill)

(800) 223-0500, (717) 238-1514, (800) 890-6093 TTY, (717) 238-3593 TTY

Largest statewide non-profit organization dedicated to helping mental health consumers and their families rebuild their lives and conquer the challenges posed by severe and persistent mental illness. Offers support, education and advocacy.

Mental Health Continued

<p>New Hope Christian Counseling 683 Steelstown Road, Annville, PA 17003 (717) 685-5157 www.ihavenewhope.org <i>Provides FREE Christ-centered, Biblically-based emotional, relational, and spiritual guidance to children, teens and adults experiencing challenging life issues.</i></p>
<p>New Perspective of White Deer Run 3030 Chestnut Street, Lebanon, PA 17042 (717) 270-3900 <i>Serves individuals suffering from substance abuse and mental health issues (dually diagnosed).</i></p>
<p>New Story Lancaster 3710 Hempland Road, Mountville, PA (717) 285-2596</p>
<p>New Story 2700 Commerce Drive, Harrisburg, PA 17110 (717) 901-9906 <i>Provides intensive, short-term Behavioral Health Rehabilitation Services for children and adolescents who are diagnosed with a mental health disorder.</i></p>
<p>Merakay Children's Servicers 100 North Cameron Street, Harrisburg, PA 17101 (717) 236-7357</p>
<p>PA Counseling Renaissance Counseling Center 618 Cumberland Street, Lebanon, PA 17042 (717) 274-2741 New Clients Call: 855-272-1653 <i>Provides counseling, co-dependency counseling and psychiatric medication management.</i></p>
<p>PA Counseling Services Inc. 200 North 7th Street, Lebanon, PA 17046 (717) 272-1653, (717) 272-4166 Fax New Clients Call: 855-272-1653 <i>Offers a full range of counseling and treatments services.</i></p>
<p>Pennsylvania Mental Health Consumers' Association 4105 Derry Street, Harrisburg, PA 17111 (800) 887-6422 <i>Promotes and supports recovery through advocacy and education to eliminate stigma and discrimination. Information and referral.</i></p>
<p>PerformCare (888) 722-8646, (800) 654-5984 TTY, 711 PA Relay <i>How do I access services?</i> <i>PerformCare can assist in identifying you or your child/adolescent's needs for mental health or substance abuse services and connect you to the appropriate agency for assessment and/or treatment. If it is an emergency, you will be connected with crisis intervention or an inpatient facility for immediate assistance and assessment. If your child/adolescent's behavioral health needs can be met by out patient treatment or an evaluation, you can schedule this service with the provider of your choice without prior authorization. BHRS services require a psychological or psychiatric evaluation to be completed. Services are voluntary. PerformCare is the managed care organization for individuals with medical assistance.</i></p>

Mental Health Continued

Recovery InSight, Inc

1525 Oregon Pike, Suite 801, Lancaster, PA 17601

(877) 597-9497 x10

Contact: January Abel, CPSS/Program Coordinator

www.Recovery-InSight.com

Recovery InSight, Inc. is a free-standing Certified Peer Specialist (CPS) service established in 2010, whose philosophy is to "see the person and not the illness". Supporting peers by assisting them to attain their individual recovery goals while building trusting relationships with mutual respect. The CPS has had professional training, as well as personal knowledge and experiences to understand the importance of reflective listening, feeling empowered with choices, options, advocacy, and hope. Internally, Recovery InSight, Inc. values the strengths, gifts and talents of each team member, which creates exceptional modeling of recovery oriented services, externally. Provides Certified Peer Support Services, Free WRAP workshops, Free Recovery trainings for Providers, contracted Speakers Bureau featuring personal recovery stories, Certified Peer Support panel discussions, WRAP informational sessions, and Mental Health Advanced Directives training.

River of Hope

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Samaritan Counseling Center

756 Cumberland Street, Suite 3, Lebanon, PA 17042

(717) 272-5641, (717) 626-1171, (800) 400-7789

Fosters hope and healing through professional counseling, consultation and education while respecting and integrating personal and spiritual values.

Sexual Assault Resource and Counseling Center (SARCC)

615 Cumberland Street, Lebanon, PA 17042

Office: (717) 270-6972 Hotline: (717) 272-5308

Provides counseling and advocacy for survivors of sexual violence and their significant others. Also provides education on all issues related to sexual violence. Hotline available 24/7.

T.W. Ponessa & Associates Counseling Services, Inc.

15 S. 9th Street, Lebanon, PA 17042

(717) 273-5992, (717) 273-5995 Fax, (800) 437-5405 (1st Time Appointments)

www.twponessa.com

T.W. Ponessa & Associates is dedicated to providing guidance for the safety, well-being, and permanency for children, adults, and families. We are committed to enhancing the lives of those we serve by helping people back into the swing of life. We offer Mental Health Outpatient Counseling, Drug & Alcohol Outpatient Counseling, School-Based Outpatient Counseling, Psychiatric Services (Psychiatric Evaluations & Medication Management), Behavioral Health Rehabilitation Services (BHRS), and Parent-Child Interaction Therapy (PCIT).

Teen Challenge

P.O. Box 98, Rehrersburg, PA 19550

(717) 933-4181

www.teenchallenge.com/Rehrersburg

Serves men 18 years and up with drug and alcohol abuse problems.

Mental Health Continued

The ARC Lancaster Lebanon

116 W. Airport Road, Suite A, Lititz, PA 17543

(717) 394-5251

Email: info@thearcclancleb.org or visit www.TheArcLancLeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

True North Wellness Services - Functional Family Therapy (FFT)

5351 C Jaycee Avenue, Suite 1, Harrisburg, PA 17112

Contact: Andrew Texter at (717) 657-2080 x 1950

Fax: (717) 657-2290

www.TrueNorthWellness.org

Functional Family Therapy (FFT) is a short term, family-based prevention and intervention program for youth ages 10-18 who are at-risk and/or presenting with substance abuse, delinquency, truancy, violence, conduct disorder, oppositional defiant disorder, and disruptive behavior disorder.

Ventura Psychological Services

409 East Elm Street, Lebanon, PA 17042

(717) 270-8844

Provides individual, marital and family therapy, group therapy and psychological evaluation for adults and children.

WB Music Therapy, LLC

7728 Green Hill Road, Harrisburg, PA 17112

Melanie Walborn, MT-BC (717) 468-1684 mawbmt@gmail.com

Kristyn Beeman, MT-BC (717) 514-8160 kdwbmt@gmail.com

www.wbmusictherapy.com

WB Music Therapy provides individual and group music therapy to individuals needing skill development in social, emotional, communication, and cognitive areas. We provide services in Lebanon and Dauphin Counties.

WellSpan Philhaven - Main Campus

283 S. Butler Road, Mt. Gretna, PA 17064

(717) 273-8871

WellSpan Philhaven - Outpatient Services

204 Hathaway Park, Lebanon, PA 17042

(717) 389-0368

964 Isabel Drive, Lebanon, PA 17042

(717) 274-9777

www.WellSpanPhilhaven.org

WellSpan Philhaven promotes hope, healing and wholeness through the provision of behavioral healthcare resources. A full continuum of services is offered, including community-based, outpatient, program-based, inpatient and residential services. Services are available for children, adolescents, adults and families at locations throughout South Central Pennsylvania. Autism services are also available at all locations.

Wernersville State Hospital

P.O. Box 300, Wernersville, PA 19565-0300

(610) 678-3411, (610) 670-4100, (610) 670-4101 Fax

Serves seriously and persistently mentally ill persons over 18 years of age in need of extended inpatient psychiatric treatment.

Youth Advocate Programs, Inc

1691 Grace Avenue, Lebanon, PA 17046
(717)228-0935, (717) 228-0939 Fax
Contact for BHRS: Deidre Deiter

Military Resources

CompeerCORPS

4 South Fourth Street, Unit C, Lebanon, PA 17042
(717) 272-8317

www.compeer-Lebanon.org or email: director@compeer-lebanon.org

The purpose of CompeerCORPS is to create a network of military veterans to provide peer mentoring friendships to our guardian service members. Compeer recruits volunteers who are veterans and matches them in one-to-one supportive friendships with veterans who are in mental health recovery. The goals of CompeerCORPS are to enhance a veteran's self-esteem and self-worth; improve connectedness to civilian society; reduce stigma through friendship; and to create a strong and supportive environment to successfully lead our veterans on that road to recovery.

Crisis/Catastrophe Support Group

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003
(717) 867-8335 x211

Find us at www.quittieglen.com.

Led by Dr. Parida, who uses the wisdom gained in his personal survival of catastrophe to empower others to rediscover hope and rid themselves of negative emotional entanglements with their past. Three types of support services are available for persons whose lives are in chaos that conventional medical services alone have not been able to resolve. These include group support, individual support and family support which are organized around a combination of educational segments, inspirational stories and examples, and (most importantly) the promotion of each participant's growing awareness of their own spirituality and empowerment to inspire fellow participants.

Fort Indiantown Gap

Headquarters, Pennsylvania National Guard
(717) 861-2000
www.dmva.state.pa.us

Military ONESOURCE

(800) 342-9647

Pennsylvania Department of Military and Veterans Affairs

Fort Indiantown Gap, Annville 17003-5002
(717) 861-8910
www.dmva.state.pa.us

River of Hope

100 Forney Road, Lebanon, PA 17042
(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Recreation and Leisure

Amusements/Attractions: For more information check the web at www.community-links.net

Adventure Sports, Hershey	717-533-7479
Allenberry Resort Inn and Playhouse	717-258-3211
Amish Farm and House, Lancaster	717-394-6185
Art Association of Harrisburg	717-236-1432
Art Center School and Galleries, Mechanicsburg, PA	717-697-2072
Artillery Ridge Campground and National Riding Stable, Gettysburg	717-334-1288
Avalanche Express, York	717-755-0123
Benjamin Olewine III Nature Center, Harrisburg	717-221-0292
Capitol Dinner Theatre, Harrisburg	717-233-5400
Carlisle Sports Emporium, Carlisle	717-258-4741
Carlisle Theatre, Carlisle	717-258-0666
Catoctin Wildlife Preserve and Zoo, Thurmont, MD	301-271-4922
Central Pennsylvania Youth Opera, Hershey	717-533-8817
Challenge Family Fun Center of Hershey	717-566-6322
Cherry Crest Farm – Amazing Maize Maze, Ronks	717-687-6843
Climbnasium, Inc., Mechanicsburg	717-795-9580
Color Me Mine, Mechanicsburg	717-731-8500
Cornwall Iron Furnace	717-272-9711
Danzante Community School of the Arts, Harrisburg	717-232-2615
Dorney Park and Wildwater Kingdom, Allentown	610-395-3724
Doubleday Country Inn and Farm, Landisburg	717-789-2456
Dutch Apple Dinner Theatre, Lancaster	717-898-1900
Dutch Wonderland Family Amusement Park, Lancaster	866-386-2839
Eichelberger Performing Arts Center, Hanover	717-632-9356
Elmwood Park Zoo, Norristown	610-277-3825
Explore and More, Gettysburg	717-337-9151
Fairie Festival, Glen Rock	717-235-6610
Fort Hunter Mansion and Park, Harrisburg	717-599-5751
Gretna Glen Camp & Retreat Center 87 Old Mine Road Lebanon, PA. 17042	(717) 273-6525
Hands-on House Children’s Museum, Lancaster	717-569-KIDS
Harrisburg Carriage Company	717-234-1686
Harrisburg Senators Baseball	717-231-4444
Harrisburg Symphony Orchestra	717-545-5527
Hershey Bears Hockey	717-534-3111
Hershey Gardens	717-534-3492
Hershey Museum	717-534-3439
Hersheypark	800-HERSHEY
Hole in the Wall Puppet Theatre, Lancaster	717-394-8398
Huntsdale Fish Culture Station, Carlisle	717-486-3419
Indian Echo Caverns	717-566-8131
Knoebels Amusement Resort, Elysburg	800-ITS-4FUN
Lake Tobias Wildlife Park	717-362-9126

Recreation and Leisure Continued

Lancaster Museum of Art	717-394-3497
Land of the Little Horses Farm Park, Gettysburg	717-334-7259
Landis Valley Museum, Lancaster	717-569-0401
Landis Valley Museum Living History Village, Lancaster	717-569-0401
Liberty Forge, Mechanicsburg	717-795-9880
Little Theatre of Mechanicsburg	717-766-0535
M & H Railroad, Middletown	717-944-4435
Mad Science of Central Pennsylvania, Middletown	717-930-8777
Maple Lawn Farm, New Park	866-935-6738
Maryland Science Center, Baltimore, MD	410-685-2370
Millersburg Ferry Crow's Landing, Liverpool	717-692-2442
National Apple Museum, Biglerville	717-677-4556
National Toy Train Museum, Strasburg	717-687-8976
National Watch and Clock Museum, Columbia	717-684-8261
Noah's Ark Animal Workshop	717-266-0934
Old Sled Works Duncannon	www.sledworks.com
Olympic Skating Center, Enola	717-732-9168
Open Stage of Harrisburg	717-232-6736
Oyster Mill Playhouse, Camp Hill	717-737-6768
PA Renaissance Faire & Theatre in the Mansion, Manheim	717-665-7021
Pampered Little Girls Tea Dress Up, New Bloomfield	717-582-2492
Paramount Sports Complex 12 Landings Drive Annville, Pa 17003	www.paramountsportscomplex.com
Pennsylvania Farm Show Complex, Harrisburg	717-787-5373
Pennsylvania National Fire Museum, Harrisburg	717-232-8915
Pennsylvania Renaissance Faire	717-665-7021
Philadelphia Zoo	215-243-1100
Popcorn Hat Players - Gamut Theatre Group, Harrisburg	717-238-4111
Port Discovery, Baltimore, MD	410-727-8120
Pride of the Susquehanna Riverboat	717-234-6500
Railroad Museum of Pennsylvania, Strasburg	717-687-8628
Rainbow Dinner Theatre, Paradise	800-292-4301
Reservoir Park Mansion & Gallery, Harrisburg	717-233-7403
Rose Lehrman Arts Center, Harrisburg	717-780-2545
Sesame Place, Langhorne	215-752-7070
Sight & Sound Theatres, Strasburg	717-687-7800
Ski Roundtop, Lewisberry	717-432-9631
Stamp Express, Lemoyne	717-763-2055
Susan P. Byrnes Health Education Center, York	717-848-3064
Susquehanna Art Museum, Harrisburg	717-233-8668
The Amish Experience, Bird In Hand	717-768-3600
The Baltimore Zoo	443-552-5245
The Brown Cow Country Market and Hope Acres Farm	800-293-1054
The Fulton Opera House Lancaster	717-394-7133

Recreation and Leisure Continued

The Lazer Factory 1251 East Main Street Annville, PA 17003	www.thelazerfactory.com
The Magic Workshop, Hershey	717-540-0072
The National Aquarium at Washington, DC	202-482-2825
The National Civil War Museum, Harrisburg	717-260-1861
The North Museum of Natural History & Science, Lancaster	717-291-3941
The Phillips Museum of Art at Franklin & Marshall College, Lancaster	717-291-3879
The Planetarium at the State Museum of Pennsylvania, Harrisburg	717-787-4980
The Puppet Place, Boiling Springs	717-258-6039
The State Museum of Pennsylvania, Harrisburg	717-787-4980
Theater of the Seventh Sister, Lancaster	717-396-7764
Theatre Harrisburg, Harrisburg	717-232-5501
Timbers Dinner Theatre	717-964-3601
Whitaker Center for Science and the Arts, Harrisburg	717-221-8201
Wilbur Chocolate Candy Museum, Lititz	717-626-3249
William Ris Gallery, Camp Hill	717-737-8818
Winters Heritage House, Elizabethtown	717-367-4672
Wolfgang Candy Company, York	800-248-4273
York County Heritage Trust, York	717-846-6452
York Little Theatre, York	717- 854-3894
ZOOAMERICA, Hershey	717-534-3860

Lebanon County Special Olympics

PO Box 1018, Lebanon, PA 17042

(717) 272-1332

lebco@comcast.net.

www.specialolympicspa.org

Serving children and adults with intellectual disabilities We are free to the athletes, ages 6 and up-to age cap.

Lebanon Macaroni Kid

www.lebanon.macronikid.com

Choose subscribe to receive weekly emails of events for the entire family.

Lebanon Valley Family YMCA

201 North 7th Street, Lebanon, PA 17046

(717) 273-2691

Lebanon Parks and Recreation

Campbelltown

¾ acre playground adjacent to South Londonderry Township Building

Colebrook

Playground adjacent to Twin Kiss with Tot-lot facilities and Basketball court.

Recreation and Leisure Continued

Coleman Memorial Park

110 acres of park located on PA Route 72 N.
Open daily 7:00 am to Dusk
For information (717) 272-7271
Picnic pavilions, ice cream shop, pool, amphitheater, gazebo, band shell.

Kenbrook Bible Camp

190 Pine Meadow Road, Lebanon, PA 17046
(717) 865-4547
Ministry to a diverse population from basic retreats to summer camps.

Lebanon Valley College Arnold Sports Center

101 N. College Street, Annville, PA 17003
(717) 867-6360
Offers group clinics and classes for swimming lessons. Can accommodate persons with disabilities. Handicapped lift in pool.

Lebanon Valley Rails to Trails

P.O. Box 2043, Cleona, Pa 17042
Surface is crushed stone w/ parallel equestrian path. Parking Areas are located at Cornwall (Route 419), Colebrook (Route 117) and Lawn (Lawn Road)

Lion's Lake, North Lebanon Township

A family friendly park offering accessible areas for individuals with disabilities, walking/jogging/bicycle trails, pavilions, playground, boat dock, fishing pier for handicap, volleyball court, softball field and boat rentals.
For more information contact the North Lebanon Township Offices at (717) 273-7132.

Memorial Lake, Ft. Indiantown Gap

The park is surrounded by the headquarters for the Pennsylvania Army and Air National Guard and is situated on 230 acres. Offers picnicking, boating, fishing and hiking.

Middle Creek Wildlife Preserve, Klienfleetersville

Owned and operated by the Pennsylvania Game Commission. Great for hikers, bird watchers and photographers. Includes a Visitors Center that features wildlife and environment displays.
For more information call (717) 733-1512.

Mt. Gretna

Park at Governor Dick includes 1100 acres of woodland, 60 ft. circular observation tower and trails for hiking, horseback riding and bicycling.

PA. Capital Regions Vacation Bureau

129 East Lincoln Avenue, Myerstown, PA 17067
(717) 866-4449

Palmyra Bowling

1218 East Main Street, Palmyra, PA 17078
(717) 838-634
Bowling programs for youth and adults.

Recreation and Leisure Continued

Possibility Place

Nyes Road and Heatherfield Way in the new George Park in Lower Paxton Township, Harrisburg, PA

www.possibilityplace.org. Accessibility features include a 5' wide ramps and passageways, unitary groundcover for easy travel in wheelchairs, accessible swings in tot lot and main playground, high and low monkey bars and rings, raised sandbox, sensory garden, transfer stations at all slides, manipulatives throughout the playground, and imaginative play areas such as recording studio, stage, tree house, castle, train and boat.

Rainbow Connection Equine Center, Nobodaddy Farm, Inc.

1299 Laudermilch Road, Palmyra, PA 17078

(717) 469-0783

Interaction with horses and ponies to develop life skills such as self-confidence and self reliance.

South Hills Park

South Lincoln Avenue, Lebanon, PA 17042

(717) 273-6587

Over 100 acres which includes a walking trail, tennis courts, softball and baseball fields, soccer field, basketball court, volleyball court, fitness court, tot-lot, and 8 pavilions that can be utilized for parties.

Summer Stars Day Camp

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY

www.ddslebanon.org

Administered by Developmental & Disability Services to help children of all abilities explore new talents while developing social and recreational skills in a fun non-threatening environment.

The Swatara Watershed

The Swatara Watershed Association is a 501c3 volunteer organization. Their signature project is the 60 mile long Swatara Water Trail that runs from Pine Grove, through Lebanon County, to Middletown. With the PA Fish and Boat Commission and the Department of Conservation and Natural Resources, the Swatara Watershed Association (SWA) identified a boat access point every five miles along the Swatara. The first weekend in May each year, they run a sojourn (over night canoe and camping trip). Canoes and maps are available May through October. For more information, visit the web site at www.SwataraWatershed.com.

Travelers with Disabilities

800-778-4838, 800-455-9880 TTY

Union Canal Park

25th Street and Union Canal Drive

(717) 272-1473

The Lebanon County Historical Society also owns and maintains The Union Canal Tunnel, the oldest existing tunnel in the United States, for the canal linking Reading and Harrisburg. The Union Canal Tunnel Park includes picnic tables and has no admission fee. For local community events, parades, festivals, fairs etc., call your local township office.

Wheelchair Getaways of Pennsylvania

1809 Fox Hunt Lance, Harrisburg, PA 17110

(800) 221-6501, (717) 238-1354, (717) 238-3050 Fax

Email: PA@wheelchairgetaways.com

Travel help serving all of PA, Delaware, West Virginia and Southern New Jersey.

YMCA Camp Shand

572 North Queen Street, Lancaster, PA 17603

Route 322, 28th Division Highway, Cornwall, PA 17016

(717) 397-7474

Day Camp and Resident Camp. Sessions run from June – August. One week minimum.

Service Organizations

Hershey Palmyra SERTOMA Club

P.O. Box 176, Hershey, PA 17033

Contact: Diana Caine-Helwig, (717) 533-8613, diana@dianacaine-helwig.com

The Hershey Palmyra SERTOMA Club supports many community organizations as well as assists local families with cancer related issues. Meets every Tuesday at 12 noon at the Hometown Restaurant in Palmyra, Rt. 422.

Kiwanis Club of Lebanon

P.O. Box 149, 2 Lynch Drive, Cornwall, PA 17016

Contact: W. Ford Rau, Jr., Secretary, (717) 273-6976, linforrau@lmf.net

Lebanon Valley Chamber of Commerce

604 Cumberland Street, P.O. Box 899, Lebanon, PA 17042

(717) 273-3727, (717) 273-7940

Email: info@LVChamber.org

Lebanon Valley SERTOMA Club

P.O. Box 444, Lebanon, PA 17042

The Sertoma Club has many hearing related projects, as well as community involvement.

Lions Clubs of Lebanon:

Annville (717) 272-1035

Campbelltown (717) 838-8638

Fredericksburg (717) 865-5727

Greater Lebanon Valley (717) 867-1979

Heidelberg (717) 949-3687

Jonestown (717) 949-3687

Lebanon (717) 866-5558

Myerstown (717) 866-7161

North Lebanon (717) 273-8647

Quentin Roosevelt (717) 272-3663

South Lebanon (717) 273-0607

Lions Clubs Service Projects are Sight Related. Christi Deaner is the sight coordinator for Lebanon County. Her phone number is 717-867-5071.

Rotary Clubs of Lebanon

Annville (717) 272-2389

Lebanon (717) 272-0153

Myerstown (717) 866-5652

Northern Lebanon County (717) 865-3427

Palmyra (717) 838-3162

Social Services

AIDS Community Alliance

327 Cumberland Street, Lebanon, PA 17042

800-867-1550

Provides case management and counseling for those living with HIV/AIDS. Provides information/education service to community.

Social Services Continued

<p>American Cancer Society 855 Tuck Street Suite 1, Lebanon, PA 17042 (717) 274-8981</p>
<p>American Heart Association Northeastern 71 North Franklin Street, Pocono Mountains, PA 17101 (717) 421-5217</p>
<p>American Lung Association of Pennsylvania 6041 Linglestown Road, Harrisburg, PA 17112-1208 (717) 541-LUNG, (800) 932-0903</p>
<p>American Red Cross 519 Chestnut Street, Lebanon, PA 17046-3347 (office open by appointment only) (717) 234-3101 or 1-866-311-3832 <i>Provides services to military families and Veterans, Disaster Relief needs, and Disaster Preparedness Education.</i></p>
<p>Arthritis Foundation 3544 North Progress Avenue, Suite 207, Harrisburg, PA 17110 (717) 397-6271</p>
<p>Central Pennsylvania March of Dimes 3544 North Progress Avenue, Suite 204, Harrisburg, PA 17110 (717) 545-4534 <i>Provides professional and public education on prenatal care and birth defects prevention.</i></p>
<p>CMU 1349 Cumberland Street, Lebanon, PA 17042 (717) 644-9600 www.cmu.cc <i>CMU provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.</i></p>
<p>Cystic Fibrosis Foundation - Central Pennsylvania Chapter 55 South Progress Avenue, Harrisburg, PA 17109 (717) 671-4000, (800) 671-2262 Email: central-pa@cff.org</p>
<p>Developmental & Disability Services of Lebanon Valley 1126 Walnut Street, Lebanon, PA 17042 (717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY www.ddslebanon.org <i>DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program</i></p>
<p>Domestic Violence Intervention of Lebanon County P.O. Box 42, Lebanon, PA 17042 (717) 273-7190 / 1-866-686-4501 <i>Free, confidential, 24/7 support. Shelter, counseling, protective orders and legal advocacy, goal planning and safety planning, public education. Open to all. Bilingual.</i></p>

Social Services Continued

Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042

(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY

www.ddslebanon.org

Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

Humane Society of Lebanon County

150 North Ramona Road, Myerstown, PA 17067

(717) 628-1369

Jonestown Outreach Pantry (JOY)

St. John's United Church of Christ - 48 West Market Street, Jonestown, PA 17038

(717) 306-9025 or joypantry@gmail.com

Serving the Northern Lebanon School District Picture ID and proof of income required. Check website for distribution times.

www.joypantry.org

Jubilee Ministries

235 South 12th Street, Lebanon, PA 17042

(717) 274-7528

Emphasis in providing support and assistance to friends and family members of those who are imprisoned.

Kidney Foundation of Central PA.

4813 Jonestown Road, Harrisburg, PA 17109

(717) 652-8123, (800) 762-6202

Provides public and professional education on kidney disease.

Lebanon Area Careerlink

243 Schneider Drive, Lebanon, PA 17046

(717) 274-2554

Provides referral and placement services to all individuals requesting assistance.

Lebanon County Area Agency on Aging

710 Maple Street, Second Floor, Lebanon PA 17046

(717) 273-9262, Fax: (717) 274-3882

email: lebcoaaa@lebcnty.org

website: www.lebcounty.org

Protective Services on call 24 hours

Hours of operation 8-4:30pm Mon-Fri

Target population: 60 years or older. Provides information and Referral/ Care Management of In home services/ Senior Community Centers/ Medicare Insurance Counseling/Home Delivered Meals/Protective Services/ AdultDay Care.

Lebanon County Children & Youth Services

Municipal Building, Room 401, 400 S. 8th Street, Lebanon, PA 17042

(717) 228-4430 / (717) 272-2054 for on-call worker after hours / Fax (717) 228-4465

Provides protection of all children up to 18 years of age. Services offered include child abuse protection, foster care, adoption services, residential care, and emergency shelter care. Provide referrals for group and individual counseling/therapy, parenting skills classes and day care.

Social Services Continued

Lebanon County Christian Ministries

250 South 7th Street, Lebanon, PA 17042

(717) 272-4400

Provides shelter, food, clothing, prescriptions, energy and water/sewer assistance for families or individuals in need or crisis.

Lebanon County Community Action Partnership

503 Oak Street, Lebanon, PA 17042

(717) 273-9328

Offers rental assistance, shelter assistance, information and referral, bridge housing, transitional housing, medical assistance transportation, volunteer income tax assistance, and financial assistance with transportation and child care for eligible participants. PPL customers may contact CAP for free energy saving kits.

Lebanon County Mediation Services

235 South 12th Street, Lebanon, PA 17042

(717) 277-0111

Provides professionally trained volunteer mediators for conflict disputes.

Lebanon County MH/ID/EI

220 East Lehman Street, Lebanon, PA 17046

(717) 274-3415

The Lebanon County MH/ID/EI Program provides services to Lebanon County residents of all ages who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.

Lebanon Mediation Services

235 South 12th Street, Lebanon, PA 17042

(717) 277-0111

Provides professionally trained volunteer mediators to resolve conflicts between people. Also provides divorce/custody mediation.

Leukemia & Lymphoma Society

800 Corporate Circle Suite 100, Harrisburg, PA 17110

(717) 652-6520, (800) 822-CURE

Provides programs for patients and family members affected by blood cancers.

Mentor A Mother

Contact: Emily Simone

(717) 679-7133 or info@mentoramother.org

Mentor a Mother is a non-profit group mentoring program for young mothers between the ages of 13-20 years old living in Lebanon County. In a group mentoring setting, young mothers are connected with older, more experienced mothers called mentors that are dedicated to encouraging success within their educational, parental and social goals. Mentors also provide group education on various life skills and parenting skills topics in a supportive, non-judgmental environment.

Muscular Dystrophy Association

2040 Linglestown Road, Suite#201, Harrisburg, PA 17110

(717) 540-4316

Provides diagnostic and follow up care through MDA clinics, mobility equipment and specialized health education dealing with muscular dystrophy.

Social Services Continued

<p>National Multiple Sclerosis Society Southeast Branch 1630 Manheim Pike, Suite 8, Lancaster, PA 17601 (717) 509-6301, (800) 566-6213 <i>Provides information, referral, counseling and equipment for persons with multiple sclerosis. Support groups available.</i></p>
<p>PA Tourette Syndrome Alliance 132 West Middle Street, Gettysburg, PA 17325-2108 1-800-990-3300 Email: Info@PATSAInc.org <i>Non-profit serving residents and their families affected by Tourette Syndrome. Support groups available.</i></p>
<p>Parents of Special Needs Kids (POSNK) Terry L. Heffelfinger - (717) 566-8102 Sandy Grimes - (717) 566-2897 <i>Support for parents of children with any kind of special need or challenge.</i></p>
<p>Parents Together In-Touch hotline (717) 270-7890 Hours: 8:00 am – 4:30 pm Other Times call Crisis Intervention (717) 274-3363</p>
<p>PCAP For Assistance contact: Dollar Energy 1-888-282-6816 or the WARM/CARES line at 1-800-207-9276 or Met Ed at 1-800-545-7741 <i>Assistance provided to First Energy/Met-Ed customers only, based on need. Must seek help before utility is shut off and meet eligibility requirements.</i></p>
<p>Pennsylvania Link to Aging & Disability Resources / Berks-Lancaster-Lebanon Service Area 1-800-753-8827 or 717.380.9714 <i>The Pennsylvania Link to Aging and Disability Resources is a shared statewide approach for Long-Term Services and Supports for all populations regardless of age, income or ability. Has the ability to work with all payers - federal, state, local and private.</i></p>
<p>Probe/New Choices of Lebanon County 303 Chestnut Street, Office 1, Lebanon, PA 17042 (717) 273- 2090 <i>Career counseling, information and referral program for single parents and homemakers who are seeking employment.</i></p>
<p>River of Hope 100 Forney Road, Lebanon, PA 17042 (717) 274-3950 <i>Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.</i></p>
<p>Salvation Army 1031 Guilford St., P.O. Box 1109, Lebanon, PA 17046 (717) 273-2655 <i>Provides programs for social development, seasonal assistance through the Angel Tree and food distribution through Second Harvest.</i></p>
<p>Sexual Assault Resource Counseling Center of Lebanon County (SARCC) 615 Cumberland Street, #2, Lebanon, PA 17042 (717) 272-5308 Hotline, (717) 270-6972 Office <i>Provides services for those who have been raped and/or sexually abused. Provides prevention/education programs.</i></p>

Social Services Continued

South Central Employment Corporation SEC

243 Schneider Drive, Lebanon, PA 17046

(717) 274-8901

Assists economically disadvantaged adults and youth with barriers to employment.

Support Connections of Lebanon County (SCLC)

520 East Birch Street, Palmyra, PA 17078

(610) 914-3846

www.sclclebco.org

SLSC works with low income individuals and families to help them develop new skills and goals and walk with them in their journey toward self-sufficiency. Our regular meetings in Lebanon include a community meal and childcare. We also offer Poverty Simulations to raise community awareness of poverty issues.

Susquehanna Valley (Lebanon) Pregnancy Services

132 South 8th Street, Lebanon PA 17042

(717) 274-0600

www.svspa.com

We offer practical support and education for moms and dads of all ages; and all services are 100% free and confidential. You will learn valuable skills and become confident in your ability to parents your kids well. With our small group format you will develop friendships with other parents who are in the same stage of parenting as you. And you will earn CARE cash each time you visit which you can then spend in our Baby Boutique for baby items like diapers, wipes, formula, high chairs, strollers and more. Every parent needs help from time to time. We are here for you!

Stay Warm PA Initiative

1-866-550-4355

www.staywarmpa.com

Helps with utility bills and furnace repairs conserving energy at home and winterizing home.

The Gathering Place

440 Pershing Avenue, P.O. Box 1222, Lancaster PA 17602

(717) 295-2630

Offers daily services to those with HIV/AIDS and their families.

United Way of Lebanon County, Inc.

801 Cumberland Street, Lebanon, PA 17042

(717) 273-8144, (717) 273-7030 Fax

United Way of Lebanon County focuses on three "Building Block" areas: health, education, and financial stability, in addition to the basic needs and safety net services necessary for a good life. We work collaboratively with corporate partners, service agencies, and other local organizations to ensure that resources (knowledge and capital) are appropriately aligned to address the needs in our community. As a trusted community leader, United Way of Lebanon County facilitates community partnerships, leads local nonprofit organizations, and works with many in our community to ensure a high quality of life for everyone in the Lebanon Valley. Two community programs managed are:

2-1-1 Health and Human Service Information Line - Call 2-1-1 to receive free, 24/7, non-emergency health and human service information from a live call specialist. You can access this system by texting your zip code to 898-211, calling 2-1-1, or searching the online resource guide at <http://www.pa211east.org/>.

*Lebanon County Volunteer Connection - This is an online volunteer management system that enables any nonprofit entity that utilizes volunteers to have a profile page and list their volunteer needs. In addition, community members seeking volunteer opportunities can use this system to find opportunities that meet their availability and interests and sign up right through the system. You can access this site through the United Way website <https://unitedwaylebco.galaxydigital.com/>. * Both programs are free and open to all community members*

Social Services Continued

Weatherization Program

Housing Development Corp.- 308 East King Street, Lancaster, PA 17603

800-732-3554

Provides and install energy saving materials and furnace repair for eligible home owners.

WIC (Women, Infants, and Children Program)

615 Cumberland Street, Lebanon Family Health Services, Lebanon, PA 17042

(717) 273-6940

Serves lower income families with a subsidized food program and nutrition counseling.

Special Needs

Acquired Brain Injury Network of Pennsylvania

Lansdale, PA 19466

(215) 699-2139 or (800) 516-8052 (messages only), info@abin-pa.org or send an email through

www.abin-pa.org

Helps survivors and families with the challenges of brain injury. Call the InfoLine for information or use the Resource Screening on the Home Page and print a list of options based on your birth date. Sign up for the free monthly newsletter on the website.

Allegheny Valley School

1291 Middletown Road , Hummelstown, PA 17036

(717) 566-3267

Intermediate Care Residential Facility for the physically and mentally disabled. Provider for community residential services.

Amramp Mobility & Accessibility Solutions

1-800-649-5215, Local: 717-745-7267, Fax: 1-866-631-3541

Provider of mobility and accessibility solutions for the elderly and disabled. Services include ADA technical assistance, free in-home evaluations, and full-service home modifications. Services, sells and RENTS ramps, stairlifts, platform lifts and other various types of equipment.

ASERT

1-877-231-4244

Email: info@paaustism.org

www.paautism.org

The ASERT Statewide Autism Resource Center is Pannsylvania'a leading source of autism-related resources and information .

CATRA (Capital Area Therapeutic Riding Association)

P.O. Box 339, 168 Station Road, Grantville, PA, 17028

(717) 469-7517

Provides recreational and therapeutic horseback riding to physically and mentally challenged people of all ages .

Center for Autism and Developmental Disabilities (CADD)

1886 Rohrerstown Road, Lancaster, PA 17604

(717) 235-1920

WellSpan Philhaven's Center for Autism and Developmental Disabilities addresses the social, emotional and behavioral needs of individuals with autism spectrum disorders and intellectual disabilities. A multidisciplinary team of developmental specialists address concerns and support individuals and their families from infancy through adulthood.

Special Needs Continued

Center for Independent Living of Central PA

207 House Avenue, Suite 107, Camphill, PA 17011
1-800-323-6060
www.cilcpa.org

Children's Project

800-583-6007
Web: www.elc-pa.org
Information and technical assistance to families who have children with mental, emotional, or physical disabilities.

CMU

1349 Cumberland Street, Lebanon, PA 17042
(717) 644-9600
www.cmu.cc
CMU provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability and autism. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Community Interactions, Inc

740 South Chester Road, Swathmore, PA. 19081
1-610-328-9008

Community Services Group

512 S. 8th Street, Lebanon, PA 17042
(717) 274-5170
Provides residential and in-home services in Lebanon County to individuals with intellectual disabilities.

Developmental & Disability Services of Lebanon Valley

1126 Walnut Street, Lebanon, PA 17042
(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY
www.ddslebanon.org
DDS provides training and education services for individuals with disabilities living in Lebanon County. These services are early intervention for infants and toddlers, including special instruction, speech, physical and occupational therapies. In addition, DDS provides supported competitive employment, habilitation and companion services for adults and advocacy services through the Elks Home Service Nurse program. DDS offers year-round recreational programs for children and youth, including a summer day camp program

Disability Empowerment Center

243 Schneider Drive, Lebanon, PA 17046
1-866-394-1890
www.decpa.org

Elks Home Service Nurse

1126 Walnut Street, Lebanon, PA 17042
(717) 274-3493 / (717) 274-1304 Fax / (717) 274-3493 TTY
www.ddslebanon.org
Elks Home Service Nurse supports and promotes the independence of individuals with disabilities by providing free advocacy services. The disability has to have manifested before a person is 22 years of age. It may include physical or mental delays and may be a combination of both. Services are administered by Developmental & Disability Service of Lebanon Valley.

Special Needs Continued

<p>Ephrata Area Rehabilitation Services 1301 Lehman Street, Lebanon, PA 17046 (717) 272-3209 <i>Provides training for adults with ID and prepares them to work in the community.</i></p>
<p>Equipment Recycle 800-633-4588</p>
<p>Friendship Community 1149 East Oregon Pike, Lititz, PA 17543 (717) 656-2466 <i>Provides daily needs and living skills to group homes in Lebanon County.</i></p>
<p>Halcyon Activity Center, Inc. 728 Walnut Street, Lebanon, PA 17042 (717) 272-3291, (717) 271-1008 Fax mail@halcyonpsr.org <i>Provides day program, evening and weekend program, social gatherings and individual support for those with mental illness or mental disability.</i></p>
<p>Lebanon County MH/ID/EI 220 East Lehman Street, Lebanon, PA 17046 (717) 274-3415 <i>The Lebanon County MH/ID/EI Program provides services to Lebanon County residents who have certain mental health diagnoses, a diagnosis of intellectual disability, or to children from birth up to the age of three who have a developmental delay or are at risk for developmental delay. Through case management, MH/ID/EI provides intake, assessment, and coordination of the following services: outpatient psychotherapy, psychiatric and psychological evaluation, medication monitoring, vocational and social rehabilitation, short-term inpatient, partial hospitalization, early intervention services (birth to three years) and 24-hour emergency services. Consultation and education services are available upon request.</i></p>
<p>Office for Dispute Resolution 6340 Flank Drive, Harrisburg, PA 17112 (800) 222-3353 www.odr-pa.org <i>Provides the resources for parents and educational agencies to resolve educational disputes for children served by the early intervention system, students who are gifted (or thought to be gifted), and students with disabilities (or thought to have disabilities)</i></p>
<p>PA Bureau of Autism Services (BAS) www.dhs.pa.gov/citizens/autismservices/ <i>The Pennsylvania Bureau of Autism Services (BAS) website is intended to communicate the Department of Human Services (DHS)'s efforts to enhance the quality of life and independence of Pennsylvanians with autism and to support their families and caregivers.</i></p>
<p>PA Elks Home Service Program of Lebanon c/o Developmental and Disability Services 1126 Walnut Street, Lebanon, PA 17042 (800) 305-2233, (717) 274-1304 Fax <i>Provides families with long term support systems that can be extended into adulthood.</i></p>

Special Needs Continued

PA Family Network

1-844-PAFAMILY

Email: pafamilynetwork@visionforequality.org

Under the leadership of Vision for Equality, the PA Family Network will provide family workshops and networking opportunities throughout the Commonwealth, led by trained Family Advisors, all of whom have family members with disabilities.

PA Office of Vocational Rehabilitation

Forum Place, 8th Floor, 555 Walnut Street, Harrisburg, PA 17101

717-787-7834 (voice) 717-787-4013 (TTY) / 800-442-6352 (voice) 877-497-6545 (TTY)

(Counties served- Cumberland, Dauphin, Juniata, Lebanon, Mifflin, Perry)

OVR serves people who have emotional, cognitive or physical disabilities that present a substantial impediment to employment. There is an application process to receive services. If found eligible for the program, an Individual Plan of Employment is developed that outlines services identified and needed for the individual to retain his or her current job or to return to work.

PA Parents and Caregivers Resource Network

(888) 572-7368, (717) 561-0098, (717) 561-0945 Fax

Web: www.ppcrn.org, Email: info@ppcrn.org

Serves parents and caregivers efforts to help their children and adult family members with developmental disabilities.

Pennsylvania Link to Aging & Disability Services

941 Wheatland Avenue – Suite 201, Lancaster, PA 17603

Service Area – Berks, Lancaster, Lebanon

(717) 394-1890, Fax: (717) 394-7930

bllink@mail.com

Aging and Disability Resource Centers (ADRC) are a nationwide effort to take a seamless approach in the way we assist seniors and adults with disabilities who need help with activities of daily living. The ADRC in PA is known as the Link.

Pennsylvania's Initiative on Assistive Technology (PIAT)

800-204-PIAT (7428) Voice, 866-268-0579 TTY

Email at ATinfo@temple.edu

Jackie Wardle

888-790-3925

Information, referral, advocacy and training regarding assistive technology.

Quality Employment Services and Training, Inc. (QUEST)

704 Metro Drive, Lebanon, PA 17042

(717) 273-8118, (717) 273-2580

Email: paquest.com

Provides vocational evaluation, training and job placement for individuals with disabilities over the age of 17.

Renova Center

25 Metro Drive, Lebanon, PA 17042

(717) 274-0493, (717) 274-2574

Intermediate Care Residential Facility for the physically and mentally disabled.

River of Hope

100 Forney Road, Lebanon, PA 17042

(717) 274-3950

Provides professional, affordable, Christ-centered therapy for individuals, couples, families and children, and relevant, dynamic seminars and trainings for groups in the non-profit and for-profit sectors.

Special Needs Continued

SAM, Inc

747 E. Cumberland Street, Lebanon, PA 17046

(717) 739-6374

www.sam-inc.org

SAM provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability and autism. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.

Special Education ConsultLine

6340 Flank Drive, Harrisburg, PA 17112

Office of Dispute Resolution

(800) 879-2301

www.odr-pa.org

Toll-free information help line for parents and advocates of children with disabilities who have questions or concerns about the education of a school-aged child. Specialists answer questions and provide information about special education, gifted education, and Section 504 of the Rehabilitation Act of 1973.

Special Olympics of Lebanon County

P.O. Box 1018, Lebanon, PA 17042

(717) 272-1332

Joan Sechrist, County Manager

Serving children and adults with intellectual disabilities. Free to athletes ages 6 and up.

Supportive Concepts for Families

724 East Cumberland Street, Lebanon, PA 17042

(717) 675-2897

Provides Daily needs and living skills to group homes in Lebanon County.

The ARC Lancaster Lebanon

116 W. Airport Road, Suttie A, Lititz, PA 17543

(717) 394-5251

Email: info@thearcclanle.org or visit www.TheArcLancLeb.org

Contact: Maureen Westcott, Executive Director

Providing advocacy (by phone, email or attending IEP and ISP meetings), Trainings for agencies, businesses and schools, Programs, Self-Advocate peer group and Relationship Training, and PATHways Family Support program.

United Disabilities Services Foundation

1901 Olde Homestead Lane, Lancaster, PA 17601

1-888-837-4235

Web: udservices.org

Email: resourcecenter@udsfoundation.org

Provides quality services in the home and community that enhances the independence and enriches the lives of seniors and individuals with disabilities. Services include but are not limited to: Home Modifications, Home Medical Equipment, Supports Coordination/Care Management, Service Dogs, Custom Wheelchair Seating and In Home Personal Care. Please contact our Resource Center to learn more.

Youth Advocate Program (YAP)

1691 Grace Avenue, Lebanon, PA 17046

(717) 228-0935

Providing community based services to enhance the health and welfare of children and adults with developmental disabilities, such as physical disabilities, intellectual disabilities or those with traumatic brain injury. Assist individuals in acquiring, maintaining and improving self-help, domestic, socialization, employment and adaptive skills. YAP also provides supportive services to parents with intellectual disabilities to help them bond with and safely care for their children.

Substance Use

Addiction Awareness (Toward Mastery Through Understanding)

Quittie Glen, 417 Reigerts Lane, Annville, PA 17003

(717) 867-8335 x211

Find us at www.quittieglen.com under "Lifestyle Wellness Programs".

We recognize that addiction is an irresistible behavior, originally desiring to provide pleasure or relieve distress, creates problems and interferes with our lives. We facilitate comprehension of the vicious cycle of addiction and its co-occurring condition(s) in an individually-specific manner. We are empathic toward the plight of families of addicts since we recognize the significant collateral damage they suffer from. We, therefore, provide family support. Our goal is to change perspectives, awareness and thinking patterns.

Another Chance Counseling (Outpatient)

J. D. Streiff

756 Cumberland Street, Lebanon, PA 17042

(717) 507-1386

Provides outpatient drug and alcohol treatment services.

Compass Mark

126 S. 7th Street, Lebanon, PA 17042

(717) 229-2831 x229 (Michelle Allen)

Provides drug and alcohol prevention and educational programs. Also provide community presentations on substance abuse.

Crisis Intervention & Information Center (WellSpan Hospital)

229 S. 4th Street, Lebanon, PA 17042

(717) 274-3363

Provides on-call drug and alcohol screening and makes referrals as appropriate.

Empower the Mind, LCC (Outpatient)

Dr. Martha Thompson

746 Cumberland Street, Lebanon, PA 17042

(717) 304-2631

Provides outpatient drug and alcohol treatment services.

Lebanon County Commission on Drug and Alcohol Abuse

220 E. Lehman Street, Lebanon, PA 17046

(717) 274-0427

Offers drug and alcohol assessments, prevention, intervention, and treatment funding to Lebanon County residents.

Lebanon Recovery Center

701 Chestnut Street, Lebanon, PA 17042

(717) 450-5033

Reach us at: Lebrecoverycenter@pacounseling.com, www.lebrecovery.com or www.facebook.com/lebanonrecoverycenter

A drop in center that is available to assist individuals in access to resources, treatment, job searching etc., and also provides a location for several meetings throughout the week.

Lebanon Treatment Center (Medication Assisted Treatment)

3030 Chestnut Street, Lebanon, PA 17042

(717) 273-8000

Provides Methadone Treatment Service.

Substance Use Continued

<p>Mazzitti and Sullivan, Inc (Outpatient) 1345 East Chocolate Avenue, Hershey, PA 17033 (717) 534-1650 <i>Providing drug and alcohol assessments, day and evening outpatient and intensive outpatient services.</i></p>
<p>New Perspective of White Deer Run (Outpatient) 240 South 8th Street, Lebanon, PA 17042 (717) 274-3763 <i>Providing drug and alcohol assessments, day and evening outpatient and intensive outpatient services. We also provide DUI education for those involved in the legal system.</i></p>
<p>New Perspective of White Deer Run (Inpatient Rehab & Detox Services) 3030 Chestnut Street, Lebanon, PA 17042 (717) 270-3900 <i>Serves individuals suffering from substance abuse in either an inpatient rehab or detox setting.</i></p>
<p>PA Counseling Services Renaissance 618 Cumberland Street, Lebanon, PA 17042 (717) 274-2741 New Clients Call: (855) 272-1653 <i>Provides counseling, co-dependency counseling and psychiatric medication management.</i></p>
<p>PA Counseling Services 200 North 7th Street, Lebanon, PA 17046 (717) 272-1653 / (717) 273-1416 Fax New Clients Call: (855) 272-1653 <i>Offers a full range of counseling and treatment services.</i></p>
<p>PAKS (Parents of Addicted Kids) Trinity United Methodist Church 210 West Main Street, Hummelstown, PA 17036 (717) 756-8878 (Lynne) <i>Provides support to parents of children who have addictions. Offers drug and alcohol treatment to families and individuals.</i></p>
<p>PerformCare (888) 722-8646, (800) 654-5984 TTY, 711 PA Relay <i>How do I access services?</i> <i>PerformCare can assist in identifying you or your child/adolescent's needs for mental health or substance abuse services and connect you to the appropriate agency for assessment and/or treatment. If it is an emergency, you will be connected with crisis intervention or an inpatient facility for immediate assistance and assessment. Services are voluntary. PerformCare is the managed care organization for individuals with medical assistance.</i></p>
<p>Positive Recovery Solutions, LLC (Medication Assisted Treatment) 618 Cumberland Street, Lebanon, PA 17042 (717) 274-2741 <i>Provides Vivitrol Services in Lebanon County. Locally located within the PCS Outpatient Clinic.</i></p>
<p>RASE Project 815 Cumberland Street, Suite 205, Lebanon, PA 17042 (717) 277-7400 <i>A non-profit organization dedicated to assisting individuals and families affected by the disease of addiction. Providing a variety of recovery support and advocacy services including the Recovery Specialists Program (RSP) which is a community based service. RSP provides 1:1 recovery coaching designed to improve and increase an individual's level of life functioning and sustained recovery.</i></p>

Substance Use Continued

<p>T.W. Ponessa & Associates Counseling Services, Inc. 15 South 9th Street, Lebanon, PA 17042 (717) 273-5992 / (717) 273-5995 Fax / (800) 437-5405 1st Time Appointments www.twponessa.com <i>We provide Drug and Alcohol and Co-Occurring (Mental Health and Substance Abuse) outpatient services including screening/assessments, outpatient individual counseling and groups. Our client centered, strength based approach utilizes evidence based practices such as stages of change, motivational interviewing and cognitive behavioral therapy. In supporting the belief that there are multiple pathways to recovery, we reinforce the client centered approach to therapy.</i></p>
<p>Teen Challenge P.O. Box 98, Rehrersburg, PA 19550 (717) 933-4181 www.teenchallenge.com/Rehrersburg <i>Serves men 18 years and up with drug and alcohol abuse problems.</i></p>
<p>U-Turn for Christ Men's facility in Lebanon, PA Women's facility in Selinsgrove, PA http://www.eturnforchristpa.org/mens-facility-lebanon-pa/ <i>For more information about our program please call (717) 277-5617 or (570) 259-3753 or email info@eturnforchristpa.org</i></p>

Support Groups

<p>ABOARD's Autism Connection of PA autism-support.org 1-800-827-9385 <i>Parent run, non-profit group providing education, advocacy and support to parents and professionals.</i></p>
<p>Al-Anon 800-671-5994 <i>Provides support for those affected by someone else's alcohol use.</i></p>
<p>Alcoholics Anonymous (717) 279-4989 <i>24 Hour Answering service for info on meeting times and places. Provides support for recovering alcoholics.</i></p>
<p>Alzheimer's Support Group Cornwall Manor (717) 273-2647 X8295</p>
<p>Arthritis Foundation 204 Butler Avenue, Suite 102, Lancaster, PA 17601 (717) 397-6271</p>
<p>Aspergers Teens and Tweens and Parent Support Groups ABOARD 1029 Beech Avenue, Hershey, PA 17033 717-533-9505</p>
<p>Asthma and Allergies Information Group American Lung Association 800-932-0903</p>

Support Groups Continued

At The Well

A support group for mothers of children with special needs. 1st Friday of the month at 9:30 am.

Legend's Cafe

9 South 9th Street, Lebanon, PA 17042

Join us as we support, encourage and pray for one another in our unique journey. Childcare is provided. Translation available if needed.

Sheri Miller - 717-274-3673, smemiller@gmail.com

Beth Lehman - 717-867-1246

Autism Spectrum Support Group

The Autism Spectrum Support Group of Lebanon County's mission is to provide information, support and to connect families in the autism community through family activities and meetings. Schedule is posted on www.lebanonautism.com

Contact Diane@lebanonautism.com or call 838-7946 or 838-4505 for information.

Bi-Polar Disorder Mutual Help Group

Bi-Polar Support Group

(717) 397-7461

Support group for people with Bipolar Disorder and their families.

Brain Injury Support Group

Penn State Hershey Rehab Hospital, 1135 Old West Chocolate Avenue, Hummelstown, PA. 17033

Contact Melissa Carmen at 717-361-2854 or Sunshineblu18@aol.com

Meetings held 3rd Thursday of the month 7-8:30 PM. Support Group for people with brain injuries.

Bridges

(717) 671-3700

A Six-week evening workshop offering education and support for young widows and widowers. Participants discover positive ways of coping emotionally and practically following the loss of a life partner.

Caregiver Support Group

Mt. Hope Church Home - (717) 665-6365 X234

Linden Village Community Center - (717) 274-7400

Caring for the Elderly Support Group

Spring Creek Church of the Brethren, Hershey

(717) 533-0466

Christian Alternative to AA

Tri-County Worship Center, Bethel

(717) 272-0127

Chronic Fatigue Syndrome Support Group

WellSpan Philhaven Hospital

(717) 274-1727

Support Groups Continued

<p>Crisis/Catastrophe Support Group Quittie Glen, 417 Reigerts Lane, Annville, PA 17003 (717) 867-8335 x211 Find us at www.quittieglen.com. <i>Led by Dr. Parida, who uses the wisdom gained in his personal survival of catastrophe to empower others to rediscover hope and rid themselves of negative emotional entanglements with their past. Three types of support services are available for persons whose lives are in chaos that conventional medical services alone have not been able to resolve. These include group support, individual support and family support which are organized around a combination of educational segments, inspirational stories and examples, and (most importantly) the promotion of each participant's growing awareness of their own spirituality and empowerment to inspire fellow participants.</i></p>
<p>Chronic Pain Relief Quittie Glen, 417 Reigerts Lane, Annville, PA 17003 Contact: Dr. Parida at (717) 867-8335 x 211 Find us at www.quittieglen.com, under "Lifestyle Wellness Programs". <i>Human beings are not created to suffer needlessly. Often chronic pain sufferers do not understand why they continue to have pain despite receiving treatment. The answer lies in the fact that the experience of chronic pain, in a very real sense, happens "in our brain" and we can change that experience. We recognize that much of the recovery occurs through adopting practices that activate our body's natural self-healing abilities.</i></p>
<p>CoDA Recovery for Life Codependents Anonymous - WellSpan Hospital (717) 964-1985</p>
<p>Compassionate Friends – Lebanon County Chapter (717) 272-9541 Support group for parents who have suffered the death of a child.</p>
<p>Compeer Support Services 4 South Fourth Street, Unit C, Lebanon, PA 17042 (717) 272-8317 www.compeer-lebanon.org or to contact by email: director@compeer-lebanon.org <i>Compeer Support Services offers a safe, judgement-free environment for support groups led by a facilitator who encourages open discussion and support for individuals, 18 and older with any mental health condition. Support groups are offered during the day and in the evening and are free of charge. Childcare is provided for the daytime group.</i></p>
<p>Craft and Crochet Class of Susquehanna Association for the Blind and Vision Impaired Clients and family members Cedar Haven - (717) 274-6711</p>
<p>Divorce Care & DC4K (Divorce Care For Kids) For more information call (717) 838-3758 or visit their website at www.divorcecare.org for dates, times and locations.</p>
<p>Domestic Violence Support Group Domestic Violence Intervention - (717) 273-7190</p>
<p>Down Syndrome Support Group of Lebanon County (717) 949-3939 <i>Parent Support Group for parents of children with Down Syndrome</i></p>
<p>Ex-Prisoner of War Support Group (717) 272-6621</p>
<p>F.O.R.E. (Female Offender Reentry program of Lebanon County) (717) 228-0405</p>

Support Groups Continued

<p>Families Joined Pa Counseling Services (Renaissance) - (717) 274-2741 or (717) 274-0427 <i>For families and friends of substance users/abusers.</i></p>
<p>Families Joined - Spanish Speaking Pa Counseling Services (Renaissance) - (717) 274-2741 or (717) 274-0427 Meets Mondays 5:45-7:15 <i>For families and friends of substance users/abusers.</i></p>
<p>Fibromyalgia (Fibrositis) Support Group (717) 270-6054</p>
<p>Fibromyalgia Awareness and Education Group (717) 397-6271</p>
<p>Gamblers Anonymous (717) 737-8635</p>
<p>Gluten Intolerance Group Hershey Public Library - (717) 520-9817 Mailbox 2</p>
<p>HIV/AIDS Support Group 800-867-1550</p>
<p>Insight (717) 274-6711 Support group for people who are blind or visually impaired.</p>
<p>Kids Together, Inc P.O. Box 45, Quakertown, PA 18951 <i>Volunteer non-profit provides info on inclusive communities including an advocate education listserv, newsletter and website information.</i></p>
<p>La Leche League (717) 272-6186 <i>Helping mothers bring happiness and security to their babies through breast-feeding.</i></p>
<p>Lebanon County Children and Adults with Attention Deficit Disorder (CHADD) <i>Meetings are the 1st Tuesday of the month September to June 6:30 pm to 8:00 pm</i> Lebanon Community Library 125 North 7th Street, Lebanon, PA 17046 Web Site: www.chadd.org <i>CHADD is a national non-profit organization whose mission is to improve the lives of people with ADHD.</i></p>
<p>Lebanon County Contact Youthline <i>Need someone to listen? Troubled, stressed, hurting or lonely? In a crisis and don't know where to turn?</i> Call (717) 272-4444. <i>24 hour helpline. Confidential and anonymous.</i></p>
<p>Lebanon Lupus Support Group Lebanon VA Medical Center 888-215-8787</p>
<p>Living in Harmony (Bi Polar Support Group) 243 Schneider Drive Room #3, Lebanon, PA 17042 1st & 3rd Friday of every month from 1-3pm for more information Call Paula at (717) 769-2922 or email Barb at blaquesheep@aol.com</p>

Support Groups Continued

<p>Macular Degeneration Support Group St. Andrews Presbyterian Church (717) 867-4300</p>
<p>Mentors for Self Determination 1414 North Cameron Street, Suite B, Harrisburg, PA 17103 717-233-2252, 877-233-2008 <i>Statewide group for people with disabilities and families offers training, technical assistance and support through mentoring.</i></p>
<p>MOMS - Mentoring Other Moms Spiritually Lebanon Valley Bible Church 1482 Horseshoe Pike, Lebanon, PA 17042 (717) 361-8901 <i>Encourages women by providing support, friendship, encouragement and spiritual teaching. Structured program for children birth to "homeschoolers" during meetings.</i></p>
<p>Moms and Tots Annville Church of the Brethren (717) 867-2972</p>
<p>Multiple Sclerosis and Caregivers Support Group Lebanon County Library (717) 838-7212</p>
<p>Narcotics Anonymous <i>24 Hour Answering service for info on meeting times and places</i> (717) 279-4970</p>
<p>Parents Together Support Group Lebanon Family Health Services 615 Cumberland Street, Lebanon, PA 17042 (717) 274-9684 <i>Thursday 6:30 – 8:00 pm</i></p>
<p>Parkinson's Support Group Cornwall Manor (717) 270-1692</p>
<p>Phoenix Society for Burn Survivors Inc. 5803 Stephens Crossing, Mechanicsburg, PA 17050 (717) 796-0455, (800) 888-2876 <i>Peer support for burn survivors.</i></p>
<p>Pink Complete Breast Cancer Survivor Michelle Remlinger (717) 376-1391</p>
<p>Prader-Willi Syndrome Association of Pennsylvania Debbie Fabio 104 Persimmon Place, Cranberry Township, PA 16066 724-779-4415</p>
<p>Prostate Cancer Support Group Christ Presbyterian Church</p>

Support Groups Continued

<p>South Central Pennsylvania Sickle Cell Council 3211 North Front Street, Suite 103, Harrisburg, PA 17110 (717) 234-3358 <i>Community-based supportive service programs for people and families affected by Sickle Cell Disease.</i></p>
<p>Spectrum Friends 1705 East Cumberland Street (A&M Pizza) Facilitator: Dave Knauss (717) 307-9710 dcknauss@verizon.net <i>Group meets third Wednesday of each month from 6:30pm to 8:30pm</i></p>
<p>Stress Reduction Quittie Glen, 417 Reigerts Lane, Annville, PA 17003 Contact: Dr. Parida at (717) 867-8335 x211 Find us at www.quittieglen.com, under "Lifestyle Wellness Programs." <i>We recognize that adverse events get stored as burdens that have the potential to increase with time and cause chronic stress.</i></p>
<p>Stroke Support Group Hershey Medical Center (717) 531-0003</p>
<p>Survivors of Suicide WellSpan Philhaven Grace M. Pollock Training & Community Center 283 Butler Road, Mt. Gretna, PA 17064 (717) 273-8871 <i>Support group for those affected by the suicide of a loved one. Meets the 2nd Wednesday of each month from 6:30-8:00pm. Contact Mr. Mohammed for more information at Ymohammed@WellSpanPhilhaven.org.</i></p>
<p>TOPS Calvary Church (717) 866-2405, (717) 272-1892</p>

Transition

<p>Center for Independent Living Disability Empowerment Center 467 New Street, Lebanon, PA 17046 (717) 273-1057</p>
<p>CMU 1349 Cumberland Street, Lebanon, PA 17042 (717) 644-9600 www.cmu.cc <i>CMU provides Supports Coordination services for children (3 and older) and adults who have an intellectual disability. Supports Coordinators help individuals and their families to develop an individualized plan and then assist with locating, coordinating and monitoring needed supports and services.</i></p>
<p>PA Protection and Advocacy, Inc. 1414 North Cameron Street, Suite C, Harrisburg, PA, 17103 (717) 236-8110, 800-692-7443 (in PA), 877-375-7139 TTY <i>A Statewide non-profit corporation to advance and protect the civil rights of all adults and children with disabilities. Works with people with disabilities and their families to ensure their rights to live in their communities with the services they need, to receive a full and inclusive education, to live free of discrimination, abuse and neglect, and to have control and self-determination over their services.</i></p>

Transition Continued

Pennsylvania Client Assistance Program (CAP)

Philadelphia Office - 215-557-7112, 1-888-745-2357

Harrisburg Office - 717-364-1733

info@equalemployment.org

Advocacy program helps people who are seeking services from the OVR, blindness, visual Services, Centers for Independent Living and other programs funded under Federal Law. Provides information and advice about rehabilitation programs, legal rights and responsibilities and resolves problems that arise when seeking services.

PROBE

303 Chestnut Street, Office 1, Lebanon, PA 17042

(717) 273-2090

Provides budget counseling as well as specialized career counseling for low-income, single parents, homemakers and pregnant/parenting teens, so that they can attain emotional and economic independence.

Quest (Quality Employment Services and Training, Inc.)

704 Metro Drive, Lebanon, PA 17042

(717) 273-8118, (717) 273-2580

Email: paquest.com

Provides vocational evaluation, training and job placement for individuals with disabilities over the age of 17.

Youth Advocate Programs, Inc

2007 North Third Street, Harrisburg, PA 17102

717-232-7580

The agency mission is to provide community-based of individuals who are, have been, or may be subject to compulsory placement in public or private institutions alternatives for the care and protection.

Transportation

Lebanon County Community Action Partnership TACC (Transportation and Child Care) Program

503 Oak Street, Lebanon, PA 17042

(717) 273-9328

Provides assistance with child care and transportation for eligible families.

Lebanon Transit

(717) 274-3664

www.lebanontransit.org

COLT buses and mini-buses are fully accessible. If for some reason you are unable to get to the bus stop and are ADA certified, call COLT for more information on how to get a ride on the complimentary paratransit service or on how to apply for ADA certification.

Bus Service

Weekdays - 6:00 am to 11:35 pm.

Saturday - 7:30 am to 11:35 pm

For fare information call: (717) 274-3664.

Mini Bus Service

Inside City Limits

Monday – Friday - 8:00 am to 5:00 pm

Saturday – 8 am to 4 pm

Outside City Limits

Monday - Friday - 8:00 am to 3:30 pm

Appointments must be called in the prior day from 8:00 am to 2:00 pm - (717) 274-3514

No Service on Holidays:

New Years Day, Memorial Day, Independence Day, Labor Day, Thanksgiving, Christmas

Lebanon County Community Action Partnership

Medical Assistance Transportation Program

503 Oak Street, Lebanon, PA 17042

(717) 273-9328

Arranges transportation for Medical Assistance Recipients.

Volunteer Opportunities

<p>Alley Center for the Blind 2550 Hanford Drive, Lebanon, PA. 17042 www.sabvi.com Contact: Stephanie Wolpert at (717) 291-5951 Ext. 155 or swolpert@sabvi.com</p>
<p>American Cancer Society www.cancer.org Contact: Melissa Murphy at (717) 397-3745 or melissa.murphy@cancer.org</p>
<p>American Red Cross (717) 234-3101 or 1-866-311-3832 <i>Offering volunteer opportunities including: Disaster Preparedness Education, Blood Donor, Disaster Response services and leadership opportunities. Please call for more information.</i></p>
<p>Big Brothers Big Sisters Of the Capital Region www.capbigs.org Contact: Steven Early at (717) 236-0199</p>
<p>Compeer of Lebanon County 4 South Fourth Street, Unit C, Lebanon, PA. 17042 www.compeer-lebanon.org Contact: Jill Wikel at (717) 272-8317</p>
<p>Cornwall Manor P.O. Box 125, Cornwall, PA. 17016 (717) 273-2647</p>
<p>Developmental & Disability Services 1126 Walnut Street, Lebanon, PA. 17042 www.ddslebanon.org Contact: Jessica Penchard at (717) 274- 3493 or vpdevelopment@ddslebanon.org</p>
<p>Lebanon County Area Agency on Aging 710 Maple Street, Second Floor, Lebanon, PA. 17046 Contact: lebcoaaa@lebcnty.org or (717) 273-9262 <i>Offering volunteer opportunities including: Meals On Wheels Drivers, Exercise Group Leaders, Apprise Volunteers (Insurance Counseling), Property Tax/ Rent Rebate application assistance, Drivers to escort to medical appointments (out of county), Tax Preparation and Office Task Helpers.</i></p>
<p>Lebanon County Suicide Prevention Task Force 220 East Lehman Street, Lebanon, PA. 17046 For more information contact: Holly Leahy at HLeahy@lebcnty.org or (717) 274-3415 <i>The Lebanon County Suicide Prevention Task Force is a collaboration of community memebbers, providers and schols working together for the prevention of suicide. Please join us the fourth Tuesday of each month from 1:00-2:30pm at Lebanon County MH/ID/EI, 220 East Lehman Street, Lebanon, PA. 17046</i></p>

Volunteer Opportunities Continued

Lebanon Valley Family YMCA

201 North Seventh Street, Second Floor, Lebanon, PA. 17046

Contact: Susan Weit at 717-376-1394 or sweit@lebanonymca.org

Offering volunteer opportunities including: Meals On Wheels Drivers, Exercise Group Leaders, Apprise Volunteers (Insurance Counseling), Property Tax/ Rent Rebate application assistance, Drivers to escort to medical appointments (out of county), Tax Preparation and Office Task Helpers.

Literacy Council of Lancaster Lebanon

457 Cumberland Street, Suite 1, Lebanon, PA. 17042

www.adultlit.org

Contact: Cathy Roth at (717) 274-3461 or cathy@adultlit.org

Pennsylvania Dutch Council – Boy Scouts of America

630 Janet Avenue, Lancaster, PA

www.padutchbsa.org

Contact: Dave Matterness at (717) 865-4583 or rnagerdave@campbashore.org

Retired Senior Volunteer Program (RSVP)

50 Utley Drive, Suite 500, Camp Hill, PA 17011

(717) 454-8647

Contact: Margie Groy, Development Coordinator - LancLeb@rsvpCapReg.org

Volunteer opportunities throughout Lebanon County for seniors age 55+

WellSpan Good Samaritan Hospital

P.O. Box 1281, 4th & Walnut Streets, Lebanon, PA. 17042

www.gshleb.org

Contact: Tracy Johnsen at (717) 270-7965 or tjohnsen@gshleb.org

WellSpan Philhaven

283 South Butler Road, P.O. Box 550, Mt. Gretna, PA 17064

(717) 675-2371

Contact: Michelle Dermes, Volunteer Coord. - mdermes@WellSpanPhilhaven.org

Opportunities are available in both patient care and non-clinical programs .