

Survivors of Suicide Support Group

Date: Second Wednesday of each month

Time: 6:30 PM—8:00 PM

Location: Grace M. Pollock Training &
Community Center (Philhaven)

283 South Butler Road

Mt. Gretna, PA 17064

Contact: Ann Shenk Wenger

awenger@philhaven.org

717-273-8871, extension 580



The **TIPS Team** can be contacted at:

Crisis Intervention Information and Referral Center

(717) 274-3363

24 hours per day/7 days per week

Lebanon County MH/ID/EI Office

(717) 274-3415

Monday through Friday

8:00 a.m. to 4:30 p.m.

Mental Health Association of Lebanon County

(717) 273-5781

Monday through Friday

8:30 a.m. to 4:00 p.m.

T I P S

Training &
Information for the
Prevention of
Suicide



**You are not alone.
There is help for suicidal feelings.**

TIPS

March 2012

TIPS: Training & Information for the Prevention of Suicide

There is help for suicidal feelings.

Suicide is a permanent outcome to a temporary problem. Many just want their pain to end. The way out of suicidality is to let others in.

Help is available. Don't wait!

Call the TIPS Team. We offer Training and Education for School Staff, Parents, Students, and Community Organizations so we can all work together for the prevention of suicide.

On the web:

Lebanon County Suicide Prevention
www.lebanoncountysuicideprevention.org

PA Youth Suicide Prevention Information
www.payspi.org

TIPS Team Members include a collaboration of these community providers:

- *Crisis Intervention Information and Referral Center (CIIC)
- *First Aid and Safety Patrol
- *Lebanon County Area Agency on Aging
- *Lebanon County Child and Adolescent Service System Program (CASSP)
- *Lebanon County MH/MR/EI
- *Lebanon County School Districts
- *Lebanon VA Medical Center
- *The Mental Health Association of Lebanon County
- *Pennsylvania Child Death Review Team
- *Philhaven
- *Sexual Assault Resource and Counseling Center (SARCC)

Contact Us

Crisis Intervention, Information
& Referral Center
(7 1 7) 274-3363

Lebanon County MH/ID/EI
(7 1 7) 274-3415

Holly Leahy - hleahy@lebcnty.org

MHA of Lebanon County
(7 1 7) 273-5781

TIPS Team Goals

1. Promote awareness and education about suicide prevention.
2. Develop broad-based support for suicide prevention.
3. Develop and implement strategies to reduce the stigma associated with being a consumer of mental health, substance abuse and suicide prevention services.
4. Identify, develop, implement and evaluate Suicide Prevention Programs.
5. Promote efforts to reduce access to lethal means and methods of self harm.
6. Improve access to community linkages with mental health and substance abuse services.
7. Improve reporting and portrayals of suicidal behavior, mental illness and substance abuse.

LET US HELP